

ETHIC

NUTRACEUTICI

SUPPORT YOUR WELL BEING



PRODUCT CATALOG



SUPPORT YOUR WELL BEING

Ethic Nutraceuticals is a product line that offers concrete responses to the most common problems people, with effective products, developed to defending health and well-being.

Ethic Nutraceuticals comes from extreme experience matured in sports, certified by the line of EthicSport brand products.

Time and experience have allowed us
to know deeply the needs of people
and this allows us to stay in touch with them and their needs.

EXPERIENCE IS NOT INVENTED

Continuous research and experience guarantee innovation and safety. We always seek concrete solutions close to people, based on scientific studies

YOUR NEEDS ARE OUR GUIDE

We are oriented to build avant-garde products, based on your needs. Quality of life and optimal health are our goals.

SOLUTIONS FOR YOUR HEALTH

ETHIC Nutraceuticals provides effective responses to common issues. We use ingredients available in nature, with a look at the future, vital and optimistic.

The experience gained in sports is certified
from the cutting edge of EthicSport products.

**Experience and
research**

**Support
and defense**

**Wellbeing
and balance**

**Vitality
and lightness**

CAPILLAREX®

DIOSMIN, VITAMIN C, BROMELAIN

BUTCHER'S-BROOM EXTRACT³ AND GRAPE PIPS¹ FOOD SUPPLEMENT

30 FILMED TABLETS 1365 mg



FEATURES

Capillarex® contains several natural substances: Diosmin with Vitamin C and Bromelain, pineapple's enzyme. Product contains also Proanthocyanidine (OPC) from Vitis Vinifera dry extract, seeds and Ruscus aculeatus dry extract, natural substances active on micro-circu-

lation, venous circulation and blood vessels. Capillarex® does not contain gluten (Gluten Free), therefore it is suitable also for people suffering from celiac disease or gluten intolerance.

For a normal functionality
of **venous circulation³** and **microcirculation¹**

FUNCTION OF INGREDIENTS



Microcirculation¹



Legs heaviness²



Venous circulation³



Hemorrhoidal plexus⁵



Blood vessels⁴



Antioxidant⁶

RECOMMENDED FOR

- capillary weakness¹
- fatigued and heavy legs²
- fluid retention due to poor circulation¹
- For those who need to improve haemorrhoids⁵ functionality

CAPILLAREX®

DIOSMIN, VITAMIN C, BROMELAIN

BUTCHER'S-BROOM EXTRACT³ AND GRAPE PIPS¹ FOOD SUPPLEMENT

INDICATIONS

Good effect on venous circulation³ and contrasts hemorrhoids⁵ thanks to *Ruscus Aculeatus*. It helps microcirculation¹, (heaviness legs²) and cardiovascular apparatus thanks to *Vitis Vinifera* seeds. Regular collagen formation helping blood vessels⁴ thanks to Vitamin C. Antioxidant effect⁶ and cells protection from oxidative

stress thanks to *Vitis Vinifera* seeds and Vitamin C

HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1-2 tablet per day, preferably between meals. We recommend repeating a 2-3 month treatment cycle to maximise results. For faster results, you can take 2cpr/day for the first 8-10 days of treatment.

After the first period the dosage can be reduced.

INGREDIENTS

Diosmin (from *Citrus sinensis* (L.) Osbeck, fruit), Bulking agent: cellulose; Proanthocyanidins (from *Vitis vinifera* L., seed), L-ascorbic acid (vitamin C), Filmatura (coating agents: Hydroxy-propyl-methylcellulose, talc, shellac, polyethylene glycol; colouring agent: calcium carbona-

te), Bromelain 2,500 GDU/g (from *Ananas comosus* (L.) Merr., jambs), Rusco (*Ruscus aculeatus* L.) rhizome dry extract tit. 10% saponins calculated as ruscogenine, Anti-caking agents: Magnesium salts of fatty acids, silicon dioxide.

TYPICAL VALUES		
	Per 2 tablet	% NRV per tablet
Diosmin (da <i>Citrus sinensis</i>)	800 mg	-
Proanthocyanidine (da <i>Vitis vinifera</i>)	475 mg	-
Bromelain (<i>Ananas comosus</i>) of which enzymatic activity	140 mg 350 GDU	-
<i>Ruscus aculeatus</i> e.s. (tit. 10% in ruscogenine)	100 mg	-
Vitamin C	160 mg	200%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011



Warnings

This product is supposed to be used as part of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under 3 years. Do not take in pregnancy.

Nutritional supplements are not intended as a substitute for a varied diet. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

FERROFILL®

IRON DIETARY SUPPLEMENT FROM IRON FIBER RELEASER AND LIPOSOMAL IRON

WITH VITAMIN C, FOLIC ACID AND VITAMIN B12

PACKAGING: 30 TABLETS, 900 mg EACH



FEATURES

FerroFill is an innovative product to counteract iron deficiency. The special formula provides iron in two active forms: one slow release and the other highly bioavailable.

In particular, the Iron Fiber releaser technology, guarantees a disposal of the iron distributed within 24 hours. Liposomal Iron, instead, conveyed within a special pho-

spholipid membrane, has excellent bioavailability and tolerability, as well as efficient gastrointestinal absorption. Iron contributes to normal cognitive function, normal energy metabolism, normal formation of red blood cells and hemoglobin¹, normal oxygen transport in the body², the normal function of the immune system³ and the reduction of fatigue⁴.

New generation iron supplement

With Liposomal Iron and Iron Fiber Releaser. Modulated Release

FUNCTION OF INGREDIENTS



Red blood cell formation¹



Oxygen transport²



Immune system³



Reduction of fatigue⁴

RECOMMENDED FOR

- Non-pathological iron deficiency states or tendency to sideropenia
- In case of iron deficiency anemias resulting from acute or chronic blood loss
- To those who have reduced intestinal iron absorption
- For those who practice intense sports with a consequent decrease in iron
- For those who show declines in efficiency due to the need for iron

FERROFILL®

IRON DIETARY SUPPLEMENT FROM IRON FIBER RELEASER AND LIPOSOMAL IRON

WITH VITAMIN C, FOLIC ACID AND VITAMIN B12

INFORMATIONS

Iron contributes to normal energy metabolism, normal red blood cell and hemoglobin formation. Contributes to the transport of oxygen in the body and contributes to the reduction of fatigue. People who practice Intense sports activities may need nutrition richer in iron.

FEATURES

FerroFill® is an innovative product to counteract the iron deficiency. The special formula provides iron in two forms: a slow-release (Iron Fiber Releaser) and the other highly bioavailable (Liposomal Iron).

In particular, the Iron Fiber Releaser technology guarantees a disposal of iron distributed within 24 hours, thanks to the special processing together with natural fibers of carrot and citrus fruit.

The Oral Liposomal Iron instead, conveyed within a phospholipid membrane, has excellent bioavailability and tolerability, as well as efficient absorption gastrointestinal.

Iron contributes to normal cognitive function, normal energy metabolism, normal formation of red blood cells and hemoglobin¹, normal oxygen transport in organism², at normal function of the immune system³ and to the reduction of fatigue and fatigue⁴. The product does

Pregnant women have generally more need of iron. Recurrent blood losses can reduce physiological iron stocks. Vitamin C increases the absorption of iron..

not contain gluten (Gluten Free) is therefore also indicated for people with celiac disease or gluten intolerance. Vitamin C increases the absorption of iron and contributes normal collagen formation for the normal blood vessel function. It also helps reduction of fatigue and fatigue.

Folate contributes to the normal synthesis of amino acids and normal hemopoiesis. It also contributes to the growth of maternal tissues in pregnancy, to normal function of the immune system, to the reduction of fatigue and fatigue.

Vitamin B12 contributes to normal training the normal function of the immune system, reduction of fatigue and fatigue.

Vitamin B12 also intervenes in the process of cell division.

INDICATIONS

The product is useful to supplement any dietary deficiencies of iron.

HOW TO USE AND RECOMMENDED DAILY DOSE

1 tablet a day, swallowed with water. Take preferably on an empty stomach. In case of hypersensitivity to iron

supplementation, the product can be taken even after meals.

INGREDIENTS

Bulking agents: microcrystalline cellulose, dicalcium phosphate, hydroxy-propyl-methylcellulose; Iron Fiber releaser! [stabilisers: microcrystalline cellulose, acacia gum, hydroxy-Propyl-methylcellulose; Ferrous fumarate; Bisglycinate Ferrous; Sweetener: mannitol; Citrus fibre; Fibre carrot] 40%;

Vitamin C (L-ascorbic acid); Liposomal iron[Ferric diphosphate (ferric pyrophosphate); Starch; Emulsifier: lecithin]; Anti-caking agents: magnesium salts fatty acids, silicon dioxide; Vitamin B12 (Cyanocobalamin); Folic acid (Pteroyl-mono glutamic acid)..

TYPICAL VALUES		
	Per 1 cpr	% NRV
Total Iron	30 mg	214%
from Iron Fiber Releaser®	21 mg	150%
from Liposomal iron	9 mg	64%
Folic acid	200 µg	100%
Vitamin C	100 mg	125%
Vitamin B12	2,5 µg	100%

NRV: nutrient reference values (adults) according to EU Reg. 1169/2011

Warnings: food supplements should not be intended as a substitute for a varied and balanced diet and should be used as part of a healthy lifestyle. The product should be kept out of reach of children under three years of age. Do not exceed the recommended daily dose. The end date of validity refers to the product stored in a cool and dry place, away from

light and away from heat sources.

NOTE: The presence of dark micro-dots in tablets is due to the microspheres of the ingredient IRON FIBER RELEASER, is connected to the special modulated release formula and does not represent any abnormality of the product



FLUID MOTION®

GLUCOSAMINE, CHONDROITINSULFATE, BROMELAIN, VITAMIN C, COPPER AND ZINC FOOD SUPPLEMENT

WITH HYALURONIC ACID AND BIOACTIVE EXTRACT OF CURCUMA

PACKAGING: 30 TABLETS, 1050 mg



curcugreen®

Bioactive extract of curcuma








FEATURES

FLUID MOTION® is a dietary supplement of Gluco Samina, Chondroinsolphate, Bromelain, Vitamin C, Copper and Zinc, with hyaluronic acid and bioactive extract of Curcuma CURCUGREEN. Vitamin C participates in the protection of cells from oxidative stress (antioxidant action)⁴ and contributes to the normal formation of collagen³ for the regular function of nil cartilage and bones. Bromelain is a proteolytic enzyme associated in the product with Glucosamine, Hyaluronic Acid and

Chondroitin Sulfate, to offer a particularly complete formulation. FLUID MOTION® also provides Copper and Zinc, constituents of coenzymes that play an active role in the physiological metabolism of cartians¹. Copper in particular contributes to the maintenance of normal connective tissues. The product FLUID MOTION someone. does not contain gluten (Gluten free), is therefore also suitable for people with celiac disease or gluten intolerance.

Provides nutrients⁵ for **regular cartilage function¹**
and for the maintenance of normal connective tissues ²

FUNCTION OF INGREDIENTS

-  **Regular function of cartilage ¹**
-  **Formation of connective tissues ²**
-  **Formation of collagen ³**
-  **Antioxidant action ⁴**
-  **Nourishing effect ⁵**

RECOMMENDED FOR

- Joint pain or post op rehabilitation
- Cartilage and soft tissues problems
- Sports injuries and inflammation

FLUID MOTION®

GLUCOSAMINE, CHONDROITINSULFATE, BROMELAIN, VITAMIN C, COPPER AND ZINC FOOD SUPPLEMENT

WITH HYALURONIC ACID AND BIOACTIVE EXTRACT OF CURCUMA

INFORMATIONS

Cartilage atrophy is a problem that plagues much of the population a little more mature. This alteration often results in a reduction in interarticular space, which manifests itself with problems. The cause of this problem is to be found often in repeated micro traumas, that the gesture repeated sports can amplify. In addition, a situation adverse anatomical and possible biomechanics of the non-optimal gesture can aggravate the picture. Generally

pain appears around the patella, present at rest, under stress (for example contracting the quadriceps, going up or down stairs etc.) and pressure. Recovery of joint fluidity can be encouraged also by the use of active substances that contribute the "nourishment" of cartilage (e.g. glucosamine, chondroitin sulfate, galactamino-glucuronoglycan, hyaluronic acid ..) and may help to contain, or reduce, the symptoms related to its alteration.

INDICATIONS

Useful for regular cartilage function and for maintenance of normal connective tissues, thanks to presence of

Vitamin C and Copper.

HOW TO USE AND RECOMMENDED DAILY DOSE

We recommend taking 1 tablet per day.

INGREDIENTS

Glucosamine sulfate kcl (**from crustaceans**); Bulking agents: microcrystalline cellulose, dicalcium phosphate, hydroxy-propyl- methylcellulose; Chondroitin sulfate; Zinc gluconate; Vitamin C (L-ascorbic acid); Coating agents: hydroxy-propyl-methylcellulose, isomalt; hyaluronic acid; Pineapple bromelain (Pineapple Comosus

(L.) Merr) stem e.s. 2500 GDU*/g; Curcugreen l[curcuminoid complex from Turmeric (Curcuma longa L.) rhizome e.s.]; Anti-caking agents: magnesium salts of acids fats, silicon dioxide; Dye: calcium carbonate; Copper gluconate; Stabilizers: fatty acids.

TYPICAL VALUES		
	Per cpr	%NRV per cpr
Glucosamine	500 mg	-
Chondroitin sulfate	160 mg	-
Hyaluronic acid	40 mg	-
Bromelain of which enzymatic activity	30 mg 75 GDU	-
CURCUGREEN® (Turmeric bioactive extract) of which total curcuminoids	25 mg 23,75 mg	-
Vitamin C	50 mg	63%
Copper	0,6 mg	60%
Zinc	7,5 mg	75%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011

Warnings: do not exceed the recommended daily dosage, keep out of reach of children under the age of 3. Supplements are not intended as substitutes for a varied diet but are intended to be used as part of a varied balanced diet and a healthy lifestyle. Store in a cool dry place. The



expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from Beta2-agonists, amphetamines and ephedrines.

MAGNESIO MODERNO®

MAGNESIUM FOOD SUPPLEMENT

BASED ON MAGNESIUM MARINE CARBONATE AND MAGNESIUM BISGLYCINATE (MAGCHEL®)

PACKAGING: 300g JAR



CHARACTERISTICS








Magnesio Moderno® has an original and innovative formula that provides marine carbonate magnesium combined with magnesium chelate (MagChel I). Magnesium carbonate converts in magnesium citrate solution, thanks to the presence of natural citric acid. This special matching makes the formula effective and modern. Magnesium contributes to the reduction of tiredness and fatigue¹, energy metabolism² and normal functioning of the nervous system³. Magnesium also as-

sists normal psychological function⁴ and normal muscle function⁵. Finally magnesium contributes to the maintenance of bones⁶ and normal teeth⁷ and contributes to electrolytic balance⁸. The product is gluten-free, lactose-free sugar-free, GMO-free and allergen-free**. The formula is compatible with vegan diets.

**The ingredients of this product are not included among the allergens, according to Annex II Regulation EU 1169/2011

Innovative magnesium at high dosage and high efficiency
With Magnesium Marine Carbonate and Magnesium Bisglycinate (MagChel®)

ROLE OF MAGNESIUM

-  **Muscles⁵**
-  **Brain⁴**
-  **Bones⁶ and teeth⁷**
-  **Nervous system³**
-  **Mineral balance⁸**
-  **Reduction of fatigue¹**
-  **Energy metabolism²**

RECOMMENDED FOR

- Magnesium offers benefits to many functions of the organism.
- Useful for those who feel tiredness and fatigue.
- To those who want to support the normal functioning of the nervous system.
- For those who want to support normal muscular functions.
- Contributes to normal energy metabolism.

MAGNESIO MODERNO®

MAGNESIUM FOOD SUPPLEMENT

BASED ON MAGNESIUM MARINE CARBONATE AND MAGNESIUM BISGLYCINATE (MAGCHEL®)

INFORMATION

Magnesium chelates (MagChel®) are modern compounds obtained from an amino acid bound to an atom of magnesium. In these cases it is said that

magnesium is chelated by amino acids. The presence of the amino acid makes magnesium particularly bioavailable for the body and promotes its absorption.

INDICATIONS

Magnesium contributes to electrolyte balance and normal muscle function. Magnesium assists the normal functioning of the nervous system and the regular

energy metabolism, contributing to the reduction of tiredness and fatigue.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 2.3 g (about 1 teaspoon or 1 measuring scoop) of the product in a glass of water, not cold, preferably in the evening and away from meals. Wait for the solution become transparent.

Adults: 2.3 g (about 1 teaspoon or 1 measuring scoop) maximum 2 times per day.

Boys 11-14 years: 2.3 g (about 1 teaspoon or 1 measuring scoop) 1 time per day

INGREDIENTS

Acidifying agent: citric acid, marine carbonate magnesium, bisglycinate magnesium (MagChel®).

TYPICAL VALUES		
	Per 4,6 g (about 2 teaspoons or 2 measuring scoop)	%NRV
Magnesium	450 mg	120 %

NRV: Daily reference nutritional value (adults) Reg. EU n. 1169/2011



WARNING: Food supplements should not be intended as substitutes for a varied and balanced diet and a healthy lifestyle.

Do not exceed the recommended maximum daily dose. Keep out of reach of children under 3 years of age. *The product is tested free from

Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine. STORAGE METHOD: The minimum term of conservation refers to the product in its intact packaging, correctly preserved. Keep the product in a cool and dry place.

OMEGA 3TGX[®]

FATTY ACIDS FOOD SUPPLEMENT IN FORM OF TRIGLYCERIDE

PACKAGING:

60 softgel, 1,3 g each | 180 softgel, 1,3 g each

NO AFTERTASTE



FEATURES

OMEGA 3 TGX[®] is a high quality product with a high concentration of active ingredients. OMEGA 3TGX is a concentrated and purified source of fatty acids of the OMEGA 3 series, with high EPA and DHA content. Active ingredients of OMEGA 3 TGX³ are concentrated such as triglycerides, highly bioavailable and titrated form 40/30 (EPA/DHA). The purification process follows very high

standards, ensuring a product purified and easily digestible, which has no aftertaste. The presence of Vitamin E counteracts oxidation and preserves the integrity of the omega 3. Raw material used in OMEGA 3 TGX³ is of high quality, certified according to international protocols (International Fish Oil Standards).

High concentration Omega 3,
in triglyceride form and without aftertaste.

FUNCTION OF INGREDIENTS



Heart function¹



Triglycerides in the blood²



Blood pressure³



Brain function⁴



Visual capacity⁵

RECOMMENDED FOR

- People looking for a high quality and bioavailability Omega 3
- Athletes under stress and performing very intense exercise
- People with metabolic syndrome
- To regulate triglycerides and blood pressure
- To optimize heart function

PRODUCT PLUS

- Excellent bioavailability and digestibility
- Highly purified and rich in Omega 3
- No aftertaste
- Absence of contaminants
- High concentration EPA/DHA 40/30

OMEGA 3TGX®

FATTY ACIDS FOOD SUPPLEMENT IN FORM OF TRIGLYCERIDE

INFORMATION

Omega 3 fatty acids which are in supplements can be available in form of triglyceride (TG) or ethyl ester (EE). These forms identify molecular structures different from Omega 3.

Molecular structures have different biological behaviours, it was proved that the difference between TG and

EE influences Omega 3 absorption. As said in literature, Omega 3 in form of TG are more bioavailable than EE, this means Omega 3 TG have a higher biological activity and with same quantity are more active than EE(1).

INDICATIONS

Saturated fats like EPA and DHA, contribute to the maintenance of normal cholesterol levels. Polyunsaturated fatty acids Omega 3 (EPA/DHA), a healthy lifestyle and a controlled diet contribute to*:

- Normal cardiac function⁽¹⁾
- Maintenance of normal triglyceride levels⁽²⁾
- Maintenance of normal blood pressure⁽³⁾

(* Such benefits are obtained with a daily intake of 250 mg(1) , 2g(2) and 3g(3) of EPA and DHA, of 250 mg of DHA(4) . It is recommended do not exceed an additional daily intake of 5g/die of combinations of EPA and of DHA.

- DHA contributes to the maintenance of normal brain⁽⁴⁾ function and normal eyesight.

HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 1 to 3 capsules per day, after meals.

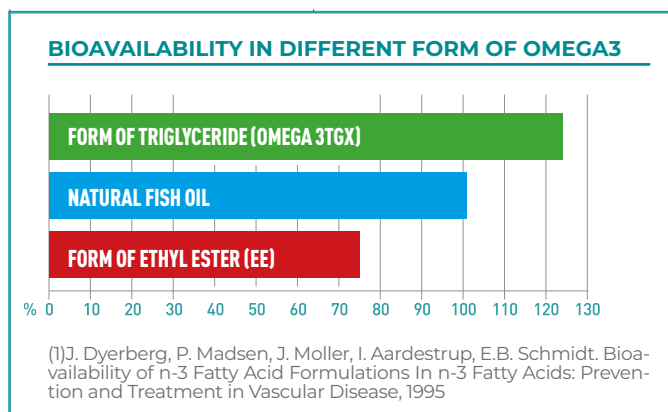
INGREDIENTS

Standardized concentrated **fish** oil in EPA (40%) and DHA (30%) in triglyceride form [40% Eicosapentaenoic acid (EPA) 30% Docosahexaenoic acid (DHA)];

Jelly pearl Food; Stabilizer: glycerol; Lemon Antioxidant: D-alpha-tocopherol (**soy**).

TYPICAL VALUES	
	Per 3 softgel
Fish oil*	3000 mg
of which EPA	1200 mg
DHA	900 mg

*concentrated in Omega 3 in form of triglyceride



Warnings: food supplements are not intended to be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

BIBLIOGRAPHIC INFORMATION ON PARTICULAR COMPONENTS

Scientific literature suggested several beneficial effects produced by Omega 3 fatty acids. Several research studies showed how the regular consumption of Omega 3 fatty acids combats inflammatory phenomena, thanks to the biochemical properties of these nutrients¹. Moreover, research showed that Omega 3 fatty acids support the reduction of plasma triglyceride levels, and consequently blood viscosity². In the sport field, it has been proven that the regular consumption of Omega 3 fatty acids has a protective effect against

the onset of intense and prolonged exercise-induced bronchospasm³. References ¹ Simopoulos, A. (2002) Omega-3 fatty acids in inflammation and autoimmune diseases. *Journal of the American College of Nutrition* 21 (6): 495-505. ² Nenseter et al. (1992) *Arteriosclerosis & Thrombosis* 12(3): 369-79. ³ Inoltre, Lu et al. (1999) *The Journal of Nutritional Biochemistry* 10(3): 151-158. ⁴ Mickleborough TD, Lindley MR, Montgomery GS. Effect of fish oil-derived Omega-3 polyunsaturated Fatty. Acid supplementation on exercise-induced bronchoconstriction and immune function in athletes. *Phys Sportmed*. 2008 Dec;36(1):11-7.

OMNIA ACTIVE FORMULA®

**POLY-VITAMIN AND MULTI-MINERAL FOOD SUPPLEMENT
WITH PHOSPHATIDYLCHOLINE**

PACKAGING: 45 TABLETS, 1155 mg EACH



FEATURES

OMNIA® Active Formula is a dietary supplement of vitamins and minerals with phosphatidylcholine. The formulation provides 100% of the nutritional values (NRV) of vitamins useful to the human body and many of the minerals involved in metabolic and enzymatic processes. In particular, vitamins (C, B2, B3, B5, B6, B12) contribute to the proper energy metabolism and to the reduction of tiredness and fatigue. Vitamins B2, B3, B8, A, C together with Ca, Mg and Zn contribute to the main-

tenance of normal skin and normal bones. Vitamins A, B6, B9, B12, C, D, together with Fe, Cu, Se, Zn contribute to the normal function of the immune system. Finally, it contributes to the protection of cells from oxidative stress by the presence of vitamins B2, C, E, along with Cu, Se, Zn. The product is Gluten Free, is therefore also suitable for people with celiac disease or gluten intolerance.

**Vitamin and multi mineral food supplement
with high content of Vitamin B**

FUNCTION OF INGREDIENTS

-  **Energy metabolism¹**
-  **Reduction of fatigue²**
-  **Health of the skin³**
-  **Health of the bones⁴**
-  **Natural defences⁵**
-  **Oxidative stress⁶**

RECOMMENDED FOR

- To those in need of a complete and balanced vitamin and/or mineral supplement
- In case of weakness or fatigue
- In case of increased vitamin and mineral requirements
- To those who carry out intense sports activity
- To all people who need a recharge

OMNIA ACTIVE FORMULA®

POLY-VITAMIN AND MULTI-MINERAL FOOD SUPPLEMENT WITH PHOSPHATIDYLCHOLINE

INDICATIONS

Vitamins and minerals contained in the product contribute to reduction of tiredness and fatigue, protection from oxidative stress⁶, help to maintain good health of the skin³ and bones⁴ and support a normal function of

the natural defenses of body⁵. Useful for people that need an intake of vitamins and minerals.

HOW TO USE AND RECOMMENDED DAILY DOSE

1 tablet per day

INGREDIENTS

Calcium salts of orthophosphoric acid; bulking agents: cellulose Microcrystalline, hydroxy-propyl-methylcellulose; Oxide Magnesium; Phospholipids from sunflower oil powder (of which 20% phosphatidylcholine); Vitamin C (L-ascorbic acid); Ferrous fumarate; Anti-caking agents: salts of magnesium fatty acids, silicon dioxide; Coating agent: hydroxy-propyl-methylcellulose, isomalt; Vitamin E (DL-alpha-tocopheryl acetate); Gluconate manganese; Niacin (nicotinamide); L-sele-

nomethionine; Stabilizers: fatty acids; zinc oxide; dye: calcium carbonate; copper gluconate; vitamin A (retinyl acetate); Pantothenic acid (D-pantothenate, calcium); Vitamin B12 (cyanocobalamin); Vitamin D3 (cholecalciferol); Vitamin B6 (pyridoxine hydrochloride); Vitamin K (phylloquinone); Riboflavin; Thiamine (hydrochloride thiamine); folic acid (pteroyl-monoglutamic acid); Biotin (D-biotin); Potassium iodide.

TYPICAL VALUES

	Per 1 tablet	%NRV per 1 tablet
Vitamin A	800 mcg	100%
Vitamin D	5,0 mcg	100%
Vitamin E	12 mg	100%
Vitamin K	75 mcg	100%
Vitamin C	80 mg	100%
Thiamine (Vit.B1)	1,1 mg	100%
Riboflavin (Vit. B2)	1,4 mg	100%
Niacin (Vit. B3)	16 mg	100%
Vitamin B6	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%
Biotin	50 mcg	100%
Pantothenic acid (Vit. B5)	6 mg	100%
Calcium	160 mg	20%
Phosphorus	77 mg	11%
Magnesium	75 mg	20%
Iron	14 mg	100%
Zinc	7,5 mg	75%
Copper	1 mg	100%
Manganese	2 mg	100%
Selenium	55 mcg	100%
Iodine	150 mcg	100%
Phospholipids of which phosphatidylcholine	100 mg 20 mg	-

NRV: Nutrient Reference Values (adults) according to Reg. EU No 1169/2011

Warnings: Do not exceed the recommended daily dose. Supplements are not intended as a substitute for a varied and balanced diet or a healthy lifestyle. Keep out of reach of children under 3 years of age. Store in a cool and dry place, away from direct sunlight and sources of localized

heat. The minimum shelf life refers to the properly stored product, in its unopened packaging. *The product has been tested to be free of nandrolone, and testosterone, and of their precursors, as well as of amphetamines and ephedrine.



SINUTRA® STRENGTH | STAMINA | ENERGY

FOOD SUPPLEMENT BASED ON PROTEINS, VITAMINS & MINERALS
WITH GLUTAMINE AND HMB

PACKAGING: JAR 270g
(9 DOSIS, 30g EACH)

FLAVOURS

VANILLA

COCOA



GLUTEN
FREE

DOPING
FREE
TESTED*

ASPARTAME
FREE

VEGETARIAN





FEATURES

Taking care of your health is important, especially when your nutritional needs change over the years. Your metabolism and eating habits change, and this is why it is essential to nourish yourself properly to maintain your strength and energy. The Sinutra® line offers nutritional support, to contribute to a rich and balanced diet. Sinutra® provides 19 vitamins and minerals, together with high quality proteins. The formula, also enriched with

glutamine and HMB, gives you more strength, stamina and energy. A balanced and protein rich nutrition gives a boost to vitality in the case of nutritional difficulties or physiological changes due to age. Sinutra® was born from experience in cutting-edge sports nutrition, to contribute to the wellbeing and health of everyone.

Formula rich with protein, enhanced with Glutamine and HMB, to sustain strength, **stamina and energy**.

FUNCTION OF INGREDIENTS

-  **Normal energy metabolism¹**
-  **Reduce fatigue²**
-  **Normal function of the immune system³**
-  **Normal cognitive function⁴**

RECOMMENDED FOR

- Those wishing to supplement their diet with extra proteins, vitamins and minerals
- Those wishing to sustain muscle during periods in which it is more difficult to eat
- Those with varying nutritional needs, due to ageing or illness

PRODUCT PLUS

- Rich in vitamin B
- 19 Vitamins + minerals
- High quality proteins
- Enriched with glutamine and HMB

SINUTRA[®] STRENGTH | STAMINA | ENERGY

FOOD SUPPLEMENT BASED ON PROTEINS, VITAMINS & MINERALS WITH GLUTAMINE AND HMB

INCLUDED MACRO & MICRO NUTRIENTS

The total intake of macro and micro nutrients depends on the chosen type of beverage or milk drink. Mg, Fe, Vit. B1, Vit. B2, Vit. B5, Vit. B6, Vit. B12, Vit. C (contributing to normal energy metabolism) ¹

Mg, Fe, Vit. B2, Vit. B3, Vit. B5, Vit. B6, Vit. B12, Vit. C (contri-

buting to a reduction of tiredness and fatigue) ²

Zn, Se, Fe, Vit. A, Vit. B6, Vit. B12, Vit. C, Vit. D (contributing to normal immune system function) ³

Zn, Fe (contributing to normal cognitive function) ⁴

HOW TO USE AND RECOMMENDED DAILY DOSE

Add 3 tablespoons (approx. 30 g) of the preparation to 250 ml of partially skimmed hot or cold milk, and stir. The product can also be dissolved in water and other

types of milk based drinks. For adults, it is recommended to take 1 to 2 doses per day. It is preferable to use the product for a snack or for breakfast.

INGREDIENTS - VANILLA

Skimmed **milk** powder, flavouring, minerals (magnesium carbonate, iron pyrophosphate, zinc gluconate, sodium selenite), L-glutamine, vitamins [L-ascorbic acid (C), DL-alpha-tocopherol (E), cholecalciferol (D), nicotinamide (niacin - B3), retinyl acetate (A), calcium pantothenate

(pantothenic acid - B5), cyanocobalamin (B12), pyridoxine hydrochloride (B6), phyloquinone (K), riboflavin (B2), thiamine hydrochloride (B1), pteroylmonoglutamic acid (folic acid - B9)], hydroxymethylbutyrate, sweetener: sucralose, anti-caking agent: silicon dioxide

INGREDIENTS - COCOA

Skimmed **milk** powder, low-fat cocoa powder (8.9%), chocolate flavouring, minerals (magnesium carbonate, iron pyrophosphate, zinc gluconate, sodium selenite), L-glutamine, vitamins [L-ascorbic acid (C), DL-alpha-tocopherol (E), cholecalciferol (D), nicotinamide (niacin - B3), retinyl acetate (A), calcium pantothenate (pantothenic acid -

B5), cyanocobalamin (B12), pyridoxine hydrochloride (B6), phyloquinone (K), riboflavin (B2), thiamine hydrochloride (B1), pteroylmonoglutamic acid (folic acid - B9)], hydroxymethylbutyrate, sweetener: sucralose, anti-caking agent: silicon dioxide.

NUTRITIONAL INFORMATION		
	Per 100 g	Per dosis (30g + 250 ml of semi-skimmed milk)
ENERGY		
kJ	1509	836
kcal	355	199
TYPICAL VALUES		
Fats	1.0 g	3.3 g
of which fatty acids	0.80 g	2.3 g
Carbohydrates	56 g	26 g
of which sugars	51 g	25 g
Fiber	0 g	0 g
Protein	31 g	16 g
Salt	1.0 g	0.52 g
Vitamin A	1200 µg (150% NRV)	401 µg (50% NRV)
Vitamin D	33 µg (660%NRV)	10 µg (200% NRV)
Vitamin E	18 mg(150% NRV)	5.5 mg (45% NRV)
Vitamin K	150 µg (200% NRV)	45 µg (60% NRV)
Vitamin C	160 mg (200% NRV)	50.5 mg (63% NRV)
Vitamin B1	1.65 mg (150% NRV)	0.58 mg (52% NRV)

WARNINGS: Do not exceed the recommended daily dose. Supplements are not intended as a substitute for a varied and balanced diet or a healthy lifestyle. Keep out of reach of children under 3 years of age. *The product has been tested to be free of nandrolone, and testosterone, and of their precursors, as well as of amphetamines and ephedrine.

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Folic Acid	400 µg (200% NRV)	132 µg (66% NRV)
Vitamin B12	4.5 µg (180% NRV)	2.2 µg (88% NRV)
Ac. Pantothenic	6.0 mg (100% NRV)	2.5 mg (42% NRV)
Potassium	1700mg (85% NRV)	833 mg (42% NRV)
Calcium	1100mg (138% NRV)	578 mg (72% NRV)
Phosphorus	990 mg (141% NRV)	492 mg (70% NRV)
Magnesium	220 mg (59% NRV)	89 mg (24% NRV)
Iron	15 mg (107% NRV)	4.5 mg (32% NRV)
Zinc	16 mg (160% NRV)	5.6 mg (56% NRV)
Selenium	57 µg (104% NRV)	19 µg (35% NRV)
HMB	100 mg	30 mg
Glutamine	333 mg	100 mg

NRV: Reference nutritional values (adults) according to of Reg. UE 1169/2011

STORAGE RECOMMENDATIONS: Store in a cool and dry place, away from direct sunlight and sources of localized heat. The minimum shelf life refers to the properly stored product, in its unopened packaging. Do not disperse in the environment after use.



30 FILMED TABLETS
1365 mg/each

21.90 €

CAPILLAREX®

DIOSMIN, VITAMIN C, BROMELAIN,
BUTCHER'S-BROOM EXTRACT³ AND GRAPE SEED¹ FOOD
SUPPLEMENT

For normal venous circulation¹ and microcirculation²



30 TABLETS
900 mg/each

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FERROFILL®

IRON DIETARY SUPPLEMENT FROM IRON FIBER
RELEASER AND LIPOSOMAL IRON WITH VITAMIN C,
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with modulated release in the 24h



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VITAMIN C, COPPER AND ZINC FOOD SUPPLEMENT,
WITH HYALURONIC ACID AND BIOACTIVE EXTRACT OF
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Useful for regular cartilage function¹



300 g JAR
internal measuring spoon

26.50 €

MAGNESIO MODERNO®

MAGNESIUM FOOD SUPPLEMENT
BASED ON MAGNESIUM MARINE CARBONATE AND
MAGNESIUM BISGLYCINATE (MagChel®)

Useful for the general well-being of the body



60 SOFTGEL, 1,3 g/each

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180 SOFTGEL, 1,3 g/each

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Omega 3 with high bioavailability
in form of triglyceride



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1155 mg/each

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POLY-VITAMIN AND MULTI-MINERAL FOOD SUPPLEMENT
WITH PHOSPHATIDYLCHOLINE

High-dosage vitamins to counteract debilitation and
fatigue



270 g JAR
FLAVOUR COCOA

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270 g JAR
FLAVOUR VANILLA

19.50 €

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