

# ETHIC

NUTRACEUTICI

**SUPPORT YOUR WELL BEING**



**PRODUCT CATALOG**



## SUPPORT YOUR WELL BEING

Ethic Nutraceuticals is a product line that offers concrete responses to the most common problems people, with effective products, developed to defending health and well-being.

Ethic Nutraceuticals comes from extreme experience matured in sports, certified by the line of EthicSport brand products.

Time and experience have allowed us  
**to know deeply the needs of people**  
and this allows us to stay in touch with them and their needs.

### EXPERIENCE IS NOT INVENTED

Continuous research and experience guarantee innovation and safety. We always seek concrete solutions close to people, based on scientific studies

### YOUR NEEDS ARE OUR GUIDE

We are oriented to build avant-garde products, based on your needs. Quality of life and optimal health are our goals.

### SOLUTIONS FOR YOUR HEALTH

ETHIC Nutraceuticals provides effective responses to common issues. We use ingredients available in nature, with a look at the future, vital and optimistic.

The experience gained in sports is certified  
from the cutting edge of EthicSport products.

**Experience and  
research**

**Support  
and defense**

**Wellbeing  
and balance**

**Vitality  
and lightness**

# CAPILLAREX®

**DIOSMIN, VITAMIN C, BROMELAIN**

**BUTCHER'S-BROOM EXTRACT<sup>3</sup> AND GRAPE PIPS<sup>1</sup> FOOD SUPPLEMENT**

30 FILMED TABLETS 1365 mg



## FEATURES

Capillarex® contains several natural substances: Diosmin with Vitamin C and Bromelain, pineapple's enzyme. Product contains also Proantocianidine (OPC) from Vitis Vinifera dry extract, seeds and Ruscus aculeatus dry extract, natural substances active on micro-circulation,

venous circulation and blood vessels. Capillarex® does not contain gluten (Gluten Free), therefore it is suitable also for people suffering from celiac disease or gluten intolerance.

For a normal functionality  
of **venous circulation<sup>3</sup>** and **microcirculation<sup>1</sup>**

## FUNCTION OF INGREDIENTS



**Microcirculation<sup>1</sup>**



**Legs heaviness<sup>2</sup>**



**Venous circulation<sup>3</sup>**



**Hemorrhoidal plexus<sup>5</sup>**



**Blood vessels<sup>4</sup>**



**Antioxidant<sup>6</sup>**

## RECOMMENDED FOR

- capillary weakness<sup>1</sup>
- fatigued and heavy legs<sup>2</sup>
- fluid retention due to poor circulation<sup>1</sup>
- For those who need to improve haemorrhoids<sup>5</sup> functionality

# CAPILLAREX®

## DIOSMIN, VITAMIN C, BROMELAIN

### BUTCHER'S-BROOM EXTRACT<sup>3</sup> AND GRAPE PIPS<sup>1</sup> FOOD SUPPLEMENT

#### INDICATIONS

Good effect on venous circulation<sup>3</sup> and contrasts hemorrhoids<sup>5</sup> thanks to *Ruscus Aculeatus*. It helps microcirculation<sup>1</sup>, (heaviness legs<sup>2</sup>) and cardiovascular apparatus thanks to *Vitis Vinifera* seeds. Regular collagen formation helping blood vessels<sup>4</sup> thanks to Vitamin C. Antioxidant effect<sup>6</sup> and cells protection from oxidative

stress thanks to *Vitis Vinifera* seeds and Vitamin C

#### HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1-2 tablet per day, preferably between meals. We recommend repeating a 2-3 month treatment cycle to maximise results. For faster results, you can take 2cpr/day for the first 8-10 days of treatment.

After the first period the dosage can be reduced.

#### INGREDIENTS

Diosmin (from *Citrus sinensis* (L.) Osbeck, fruit), Bulking agent: cellulose; Proanthocyanidins (from *Vitis vinifera* L., seed), L-ascorbic acid (vitamin C), Filmatura (coating agents: Hydroxy-propyl-methylcellulose, talc, shellac, polyethylene glycol; colouring agent: calcium carbona-

te), Bromelain 2,500 GDU/g (from *Ananas comosus* (L.) Merr., jambs), Rusco (*Ruscus aculeatus* L.) rhizome dry extract tit. 10% saponins calculated as ruscogenine, Anti-caking agents: Magnesium salts of fatty acids, silicon dioxide.

TYPICAL VALUES		
	Per 2 tablet	% NRV per tablet
Diosmin (da <i>Citrus sinensis</i> )	800 mg	-
Proanthocyanidine (da <i>Vitis vinifera</i> )	475 mg	-
Bromelain ( <i>Ananas comosus</i> ) of which enzymatic activity	140 mg 350 GDU	-
<i>Ruscus aculeatus</i> e.s. (tit. 10% in ruscogenine)	100 mg	-
Vitamin C	160 mg	200%

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011



#### Warnings

This product is supposed to be used as part of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under 3 years. Do not take in pregnancy.

Nutritional supplements are not intended as a substitute for a varied diet. Store in a cool, dry place. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.



# COLLAGENE<sup>®</sup> ADVANCED REVITALIZE FORMULA

## FOOD SUPPLEMENT WITH HYDROLYZED COLLAGEN

**ZINC, VITAMIN B6, VITAMIN C, MAGNESIUM AND HYALURONIC ACID**  
WITH SWEETENER



400 g jar (26 servings of 15 g)



### INGREDIENT ACTIONS



**Supports Normal Formation of Cartilage and Connective Tissues<sup>1</sup>**



**Selected Nutrients for Daily Well-being<sup>3,4</sup>**



**Skin, Hair and Nails<sup>2</sup>**



**Antioxidant Action<sup>1,2</sup>**



**With Hyaluronic Acid**

Formula with hydrolyzed collagen, hyaluronic acid, and targeted nutrients that support the normal function of joints, skin, and connective tissues.

### INFORMATION

Collagen A.R.F. is a powdered food supplement formulated with hydrolyzed bovine collagen, which is highly bioavailable and provided in a high dosage.

The formula is enriched with hyaluronic acid, magnesium, zinc, vitamin C, and vitamin B6—carefully selected nutrients that help support the body's balance, particularly during periods of intense physical exertion or increased nutritional demand.

Its composition is specifically designed to support skin health, joint flexibility, and overall vitality—especially in the context of intense physical activity, sports performance, or increased nutritional needs due to age or lifestyle.

Collagen A.R.F. is also suitable for functional and cosmetic supplementation, offering a complete approach to self-care.

### RECOMMENDED FOR

- For those who want to support the normal function of joints and connective tissues
- For individuals engaged in regular or intense physical activity
- For those concerned with the health of skin, nails, and hair
- For adults aiming to maintain joint and bone functionality over time

# COLLAGENE<sup>®</sup> ADVANCED REVITALIZE FORMULA

## FOOD SUPPLEMENT WITH HYDROLYZED COLLAGEN

### ZINC, VITAMIN B6, VITAMIN C, MAGNESIUM AND HYALURONIC ACID WITH SWEETENER

#### FEATURES

Collagen A.R.F. is a high-dose food supplement based on hydrolyzed bovine collagen, enriched with hyaluronic acid, magnesium, zinc, and vitamins C and B6. The formula includes ingredients that support the well-being of skin, hair, nails, joints, and connective tissues, addressing needs related to beauty, sports, and overall wellness. Collagen: a key structural protein found in joints, skin, and connective tissues, forming the structure of tendons, ligaments, and cartilage.

Vitamin C<sup>1</sup>: contributes to normal collagen formation for the well-being of skin, bones, and cartilage, and also has antioxidant properties. Zinc<sup>2</sup>: contributes to the maintenance of normal skin, hair, and nails. Vitamin B6<sup>3</sup>: contributes to normal protein metabolism and normal energy-yielding metabolism. Magnesium<sup>4</sup>: contributes to normal muscle function and electrolyte balance.

#### INDICATIONS

Thanks to its blend of nutrients, Collagen A.R.F. is a valuable ally for musculoskeletal, skin, and connective tissue health. Ideal for individuals who engage in regular physical activity, active people, and those wishing to support both internal and aesthetic well-being.

#### HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 15 g of product per day (equivalent to 3 full scoops), dissolved in a glass of water (approx. 200 ml). Preferably take in the morning, away from main meals, to enhance absorption of the active ingredients.

#### INGREDIENTS

Hydrolyzed collagen (bovine), magnesium citrate (magnesium), acidity regulator: citric acid; flavors, L-ascorbic acid (vitamin C), sodium hyaluronate (hyaluronic acid),

sweetener: sucralose; zinc picolinate (zinc), coloring: carotenoids; pyridoxine hydrochloride (vitamin B6).

TYPICAL VALUES		
	Per 100 g	Per 15 g serving (3 scoops)
Collagen	85000 mg	12750 mg
Zinc	20 mg	3 mg (30% <sup>**</sup> )
Vitamin B6	4.7 mg	0.7 mg (50% <sup>**</sup> )
Vitamin C	533 mg	80 mg
Magnesium	1000 mg	150 mg
Sodium Hyaluronate	200 mg	30 mg

<sup>\*\*</sup>NRV: Nutrient Reference Vvalues (adults) according to EU Reg. 1169/2011



Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under three years of age. Store in a cool, dry place, away from direct heat and moisture. The expiry date refers to the product stored correctly in unopened packaging.

Manufactured in a facility that processes ingredients derived from milk (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish. This product is tested free from anabolic steroids, stimulants, and SARMS.

# COLLAGENE®

**FOOD SUPPLEMENT BASED ON HYDROLYZED COLLAGEN**  
**TARGETED SUPPLY OF SELECTED STRUCTURAL PROTEIN SOURCES**



## INGREDIENT ACTIONS



**Selected Source  
of Hydrolyzed Collagen**



**Specific and Flexible  
Protein Support**



**Suitable for Personalized  
Nutritional Protocols**



**Compatible with  
Wellness-Oriented Regimens**

**Hydrolyzed Collagen  
for Precision Nutritional Strategies**

## FEATURES

COLLAGENE® is a food supplement in tablet form, based on hydrolyzed bovine collagen, processed through a specific enzymatic hydrolysis method. Collagen is a protein naturally present in the human body, particularly in connective tissues, where it plays a structural role.

Supplementation can be beneficial in controlled dietary regimens or in situations where the intake of specific protein components is quantitatively or qualitatively limited. The tablet format allows for a flexible dosage, suitable for both cyclical and continuous use, according to individual needs. The product is gluten-free, contains no added sugars, and is doping-free tested.

## RECOMMENDED FOR

- For those following a diet with a structural focus
- For those who include collagen in their daily routine
- For individuals engaged in physical activity or with active lifestyles
- For those adopting nutrition strategies aimed at overall balance
- For anyone looking to take care of themselves from the inside out

# COLLAGENE®

## FOOD SUPPLEMENT BASED ON HYDROLYZED COLLAGEN TARGETED SUPPLY OF SELECTED STRUCTURAL PROTEIN SOURCES

### INDICATIONS

COLLAGENE® in tablet form is a hydrolyzed protein source that is practical, versatile, and highly digestible, ideal for supplementing the diet in programs requiring selective and controlled protein intake.

The hydrolyzed form enhances absorption and is sui-

table for prolonged use as part of a varied and balanced diet. Recommended for individuals who wish to incorporate a functional ingredient into their daily routine, compatible with personal wellness and vitality goals.

### HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1 serving (3 tablets) up to twice a day with water. Dosage can be customized according to individual needs.

### INGREDIENTS

Hydrolyzed collagen (bovine), anti-caking agents: silicon dioxide, magnesium salts of fatty acids.

AVERAGE CONTENTS		
	Per Serving	Per 2 Servings
Hydrolyzed Collagen (bovine)	3000 mg	6000 mg

NRV: Nutrient Reference Values (adults) according to EU Regulation 1169/2011



Warnings: Supplements should not be considered as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under three years of age. Store in a cool, dry place, away from direct heat sources and humidity. The expiration date refers to the product properly stored

in its intact packaging. Produced in a facility that processes ingredients containing milk (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish. This product is tested free from anabolic steroids, stimulants, and SARMS.

# FERROFILL®

## IRON DIETARY SUPPLEMENT FROM IRON FIBER RELEASER AND LIPOSOMAL IRON

WITH VITAMIN C, FOLIC ACID AND VITAMIN B12

PACKAGING: 30 TABLETS, 900 mg EACH



### FEATURES

FerroFill is an innovative product to counteract iron deficiency. The special formula provides iron in two active forms: one slow release and the other highly bioavailable.

In particular, the Iron Fiber releaser technology, guarantees a disposal of the iron distributed within 24 hours. Liposomal Iron, instead, conveyed within a special pho-

spholipid membrane, has excellent bioavailability and tolerability, as well as efficient gastrointestinal absorption. Iron contributes to normal cognitive function, normal energy metabolism, normal formation of red blood cells and hemoglobin¹, normal oxygen transport in the body², the normal function of the immune system³ and the reduction of fatigue⁴.

### New generation iron supplement

With Liposomal Iron and Iron Fiber Releaser. Modulated Release

### FUNCTION OF INGREDIENTS



**Red blood cell formation¹**



**Oxygen transport²**



**Immune system³**



**Reduction of fatigue⁴**

### RECOMMENDED FOR

- Non-pathological iron deficiency states or tendency to sideropenia
- In case of iron deficiency anemias resulting from acute or chronic blood loss
- To those who have reduced intestinal iron absorption
- For those who practice intense sports with a consequent decrease in iron
- For those who show declines in efficiency due to the need for iron



# FERROFILL®

## IRON DIETARY SUPPLEMENT FROM IRON FIBER RELEASER AND LIPOSOMAL IRON

### WITH VITAMIN C, FOLIC ACID AND VITAMIN B12

#### INFORMATIONS

Iron contributes to normal energy metabolism, normal red blood cell and hemoglobin formation. Contributes to the transport of oxygen in the body and contributes to the reduction of fatigue. People who practice Intense sports activities may need nutrition richer in iron.

#### FEATURES

FerroFill® is an innovative product to counteract the iron deficiency. The special formula provides iron in two forms: a slow-release (Iron Fiber Releaser) and the other highly bioavailable (Liposomal Iron).

In particular, the Iron Fiber Releaser technology guarantees a disposal of iron distributed within 24 hours, thanks to the special processing together with natural fibers of carrot and citrus fruit.

The Oral Liposomal Iron instead, conveyed within a phospholipid membrane, has excellent bioavailability and tolerability, as well as efficient absorption gastrointestinal.

Iron contributes to normal cognitive function, normal energy metabolism, normal formation of red blood cells and hemoglobin<sup>1</sup>, normal oxygen transport in organism<sup>2</sup>, at normal function of the immune system<sup>3</sup> and to the reduction of fatigue and fatigue<sup>4</sup>. The product does

Pregnant women have generally more need of iron. Recurrent blood losses can reduce physiological iron stocks. Vitamin C increases the absorption of iron..

not contain gluten (Gluten Free) is therefore also indicated for people with celiac disease or gluten intolerance. Vitamin C increases the absorption of iron and contributes normal collagen formation for the normal blood vessel function. It also helps reduction of fatigue and fatigue.

Folate contributes to the normal synthesis of amino acids and normal hemopoiesis. It also contributes to the growth of maternal tissues in pregnancy, to normal function of the immune system, to the reduction of fatigue and fatigue.

Vitamin B12 contributes to normal training the normal function of the immune system, reduction of fatigue and fatigue.

Vitamin B12 also intervenes in the process of cell division.

#### INDICATIONS

The product is useful to supplement any dietary deficiencies of iron.

#### HOW TO USE AND RECOMMENDED DAILY DOSE

1 tablet a day, swallowed with water. Take preferably on an empty stomach. In case of hypersensitivity to iron

supplementation, the product can be taken even after meals.

#### INGREDIENTS

Bulking agents: microcrystalline cellulose, dicalcium phosphate, hydroxy-propyl-methylcellulose; Iron Fiber releaser! [stabilisers: microcrystalline cellulose, acacia gum, hydroxy-Propyl-methylcellulose; Ferrous fumarate; Bisglycinate Ferrous; Sweetener: mannitol; Citrus fibre; Fibre carrot] 40%;

Vitamin C (L-ascorbic acid); Liposomal iron[Ferric diphosphate (ferric pyrophosphate); Starch; Emulsifier: lecithin]; Anti-caking agents: magnesium salts fatty acids, silicon dioxide; Vitamin B12 (Cyanocobalamin); Folic acid (Pteroyl-mono-glutamic acid)..

TYPICAL VALUES		
	Per 1 cpr	% NRV
Total Iron	30 mg	214%
from Iron Fiber Releaser®	21 mg	150%
from Liposomal iron	9 mg	64%
Folic acid	200 µg	100%
Vitamin C	100 mg	125%
Vitamin B12	2,5 µg	100%

NRV: nutrient reference values (adults) according to EU Reg. 1169/2011

Warnings: food supplements should not be intended as a substitute for a varied and balanced diet and should be used as part of a healthy lifestyle. The product should be kept out of reach of children under three years of age. Do not exceed the recommended daily dose. The end date of validity refers to the product stored in a cool and dry place, away from

light and away from heat sources.

NOTE: The presence of dark micro-dots in tablets is due to the microspheres of the ingredient IRON FIBER RELEASER, is connected to the special modulated release formula and does not represent any abnormality of the product



# FLUID MOTION®

**INTEGRATORE ALIMENTARE DI GLUCOSAMINA, CONDROITINSOLFATO, BROMELINA, VITAMINA C, RAME E ZINCO**

**CON ACIDO IALURONICO ED ESTRATTO CONCENTRATO DI CURCUMA DI ELEVATA QUALITÀ.**



CONFEZIONE: 60 CAPS



Estratto concentrato di curcuma di elevata qualità.

## AZIONI INGREDIENTI



**Regolare funzione delle cartilagini<sup>1</sup>**



**Formazione tessuti connettivi<sup>2</sup>**



**Formazione del collagene<sup>3</sup>**



**Azione antiossidante<sup>4</sup>**

Con **acido ialuronico** ed estratto concentrato di Curcuma di elevata qualità

**Apporta nutrienti per la regolare funzione delle cartilagini<sup>1</sup> e per il mantenimento di tessuti connettivi normali<sup>2</sup>**

## CARATTERISTICHE

FLUID MOTION® è un integratore alimentare di Glucosamina, Condroitinsolfato, Bromelina, Vitamina C, Rame e Zinco, con Acido ialuronico ed estratto estratto concentrato di curcuma di elevata qualità.

La Vitamina C contribuisce alla protezione delle cellule dallo stress ossidativo (azione antiossidante)<sup>4</sup> e contribuisce alla normale formazione del collagene<sup>3</sup> per la regolare funzione delle cartilagini<sup>1</sup> e delle ossa.

La Bromelina - enzima proteolitico- è associata a Glucosamina, Acido Ialuronico e Condroitinsolfato, per offrire una formulazione particolarmente completa.

FLUID MOTION® apporta anche Rame e Zinco, costituenti di coenzimi che svolgono un ruolo attivo nel fisiologico metabolismo delle cartilagini.

Il Rame in particolare contribuisce al mantenimento di tessuti connettivi<sup>2</sup> normali.

Il prodotto FLUID MOTION® non contiene glutine (Gluten free), è pertanto indicato anche per soggetti celiaci o con intolleranza la glutine.

## A CHI SI RIVOLGE

- A chi ha cartilagini deboli e usurate
- A chi desidera nutrire i tessuti connettivi e favorire la formazione del collagene
- A chi è soggetto a fastidi ricorrenti che interessano articolazioni e cartilagini

# FLUID MOTION®

## INTEGRATORE ALIMENTARE DI GLUCOSAMINA, CONDROITINSOLFATO, BROMELINA, VITAMINA C, RAME E ZINCO

CON ACIDO IALURONICO ED ESTRATTO CONCENTRATO DI CURCUMA DI ELEVATA QUALITÀ.

### INFORMAZIONI

L'atrofia delle cartilagini è un problema che affligge buona parte della popolazione un po' più matura. Questa alterazione si traduce spesso in una riduzione dello spazio interarticolare, che si manifesta con dolore alle articolazioni. La causa di questa problematica è da ricercarsi spesso nei ripetuti micro traumi, che il gesto sportivo ripetuto può amplificare. Inoltre, una situazione anatomica sfavorevole e un'eventuale biomeccanica del gesto non ottimale può aggravare il quadro. In ge-

nere compare un dolore intorno alla rotula, presente a riposo, sotto sforzo (per esempio contraendo il quadricepiti, salendo o scendendo le scale ecc.) e alla pressione. Il recupero della fluidità dell'articolazione può essere favorito anche dall'utilizzo di sostanze attive che contribuiscono al "nutrimento" della cartilagine (es. glucosamina, condroitinsolfato, galattosaminoglucoronoglicano, acido ialuronico ..) e possono contribuire a contenere, o ridurre, i sintomi collegati alla sua alterazione.

### INDICAZIONI

Utile per una regolare funzione delle cartilagini e per il mantenimento di tessuti connettivi normali, grazie alla

presenza di Vitamina C e Rame.

### MODO D'USO E DOSE GIORNALIERA CONSIGLIATA

Si consiglia l'assunzione di 2 capsule al giorno.

### INGREDIENTI

Glucosamina solfato 2KCl (**da crostacei**) Inulina, Agente di Carica: Idrossipropilmetilcellulosa; Condroitinsolfato, Zinco Gluconato (Zinco), acido L - ascorbico (Vitamina C), Acido Ialuronico (Ialuronato di Sodio), Bromelina 2500

GDU/G, Curcuma (Curcuma Longa L., Rizoma) E.S. TIT. 95% in curcuminoidi; Diglicinato di Rame (Rame), Agenti Antiagglomeranti: Sali di Magnesio degli Acidi Grassi, Biossido di Silicio.

CONTENUTI MEDI	
	Per dose (2 caps)
Glucosamina Solfato 2KCl di cui Glucosamina	845 mg 500 mg
Condroitinsolfato	160 mg
Zinco	7,5 mg (75%**)
Vitamina C	50 mg (63%**)
Acido Ialuronico	40 mg
Bromelina 2500 GDU	30mg
Estratto di Rizoma di Curcuma di cui curcuminoidi (95%)	25 mg 23.75 mg
Rame	0.6 mg (60%**)

\*\*NRV: Valori Nutritivi di Riferimento (adulti) ai sensi del Reg. UE 1169/2011



**AVVERTENZE:** Non superare la dose giornaliera consigliata, tenere fuori dalla portata dei bambini di età inferiore ai 3 anni. Gli integratori alimentari non vanno intesi come sostituti di una dieta variata ma vanno utilizzati nell'ambito di una dieta varia ed equilibrata ed uno stile di vita sano. Contiene curcuma: in caso di alterazione della funzione epatica, biliare o di calcolosi delle vie biliari, l'uso del prodotto è sconsigliato. Non usare in gravidanza e allattamento. Non utilizzare per periodi prolungati senza consultare il medico. Se si stanno assumendo farmaci, è opportuno sen-

tire il parere del medico. Il prodotto contiene ingredienti a base di crostacei. Conservare in luogo fresco e asciutto al riparo dalla luce e lontano da fonti di calore. Il termine minimo di conservazione si riferisce al prodotto correttamente conservato in confezione integra. Prodotto in uno stabilimento che utilizza ingredienti a base di latte (compreso lattosio), soia, arachidi, altra frutta a guscio, semi di sesamo, uova, crostacei, pesce. \*Il prodotto è testato privo di steroidi anabolizzanti, stimolanti e SARMS.

# MAGNESIO MODERNO®

## MAGNESIUM FOOD SUPPLEMENT

BASED ON MAGNESIUM MARINE CARBONATE AND MAGNESIUM BISGLYCINATE (MAGCHEL®)

PACKAGING: 300g JAR



### CHARACTERISTICS

Magnesio Moderno® has an original and innovative formula that provides marine carbonate magnesium combined with magnesium chelate (MagChel I). Magnesium carbonate converts in magnesium citrate solution, thanks to the presence of natural citric acid. This special matching makes the formula effective and modern. Magnesium contributes to the reduction of tiredness and fatigue<sup>1</sup>, energy metabolism<sup>2</sup> and normal functioning of the nervous system<sup>3</sup>. Magnesium also as-

sists normal psychological function<sup>4</sup> and normal muscle function<sup>5</sup>. Finally magnesium contributes to the maintenance of bones<sup>6</sup> and normal teeth<sup>7</sup> and contributes to electrolytic balance<sup>8</sup>. The product is gluten-free, lactose-free sugar-free, GMO-free and allergen-free\*\*. The formula is compatible with vegan diets.

\*\*The ingredients of this product are not included among the allergens, according to Annex II Regulation EU 1169/2011

**Innovative magnesium at high dosage and high efficiency**  
With Magnesium Marine Carbonate and Magnesium Bisglycinate (MagChel®)

### ROLE OF MAGNESIUM



**Muscles<sup>5</sup>**



**Brain<sup>4</sup>**



**Bones<sup>6</sup> and teeth<sup>7</sup>**



**Nervous system<sup>3</sup>**



**Mineral balance<sup>8</sup>**



**Reduction of fatigue<sup>1</sup>**



**Energy metabolism<sup>2</sup>**

### RECOMMENDED FOR

- Magnesium offers benefits to many functions of the organism.
- Useful for those who feel tiredness and fatigue.
- To those who want to support the normal functioning of the nervous system.
- For those who want to support normal muscular functions.
- Contributes to normal energy metabolism.

# MAGNESIO MODERNO®

## MAGNESIUM FOOD SUPPLEMENT

**BASED ON MAGNESIUM MARINE CARBONATE AND MAGNESIUM BISGLYCINATE (MAGCHEL®)**

### INFORMATION

Magnesium chelates (MagChel®) are modern compounds obtained from an amino acid bound to an atom of magnesium. In these cases it is said that

magnesium is chelated by amino acids. The presence of the amino acid makes magnesium particularly bioavailable for the body and promotes its absorption.

### INDICATIONS

Magnesium contributes to electrolyte balance and normal muscle function. Magnesium assists the normal functioning of the nervous system and the regular

energy metabolism, contributing to the reduction of tiredness and fatigue.

### HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 2.1 g (2 scoops) of product in a glass of uncooled water, preferably in the evening and away from meals.

Adults: 2.1 g (2 scoops), maximum 2 times per day.

Boys 11-14 years: 2.1 g (2 scoops), once a day.

### INGREDIENTS

Acidifying agent: citric acid, marine carbonate magnesium, bisglycinate magnesium (MagChel®) flavour.

TYPICAL VALUES		
	Per 2.1 g	Per 4.2 g
Magnesium	225 mg (60%**)	450 mg (120%**)

NRV: Daily reference nutritional value (adults) Reg. EU n. 1169/2011



WARNING: Food supplements should not be intended as substitutes for a varied and balanced diet and a healthy lifestyle.

Do not exceed the recommended maximum daily dose. Keep out of reach of children under 3 years of age. \*The product is tested free from Nan-

drolone and Testosterone with their precursors, free from amphetamines and ephedrine. STORAGE METHOD: The minimum term of conservation refers to the product in its intact packaging, correctly preserved. Keep the product in a cool and dry place.



# MARINE COLLAGEN

## WITH HYALURONIC ACID AND VITAMIN C

DIETARY SUPPLEMENT BASED ON HYDROLYZED MARINE COLLAGEN, HYALURONIC ACID, AND VITAMIN C



120 VEGETABLE CAPSULES JAR

GLUTEN  
FREE

DOPING  
FREE  
TESTED\*

### INGREDIENT ACTIONS



**Collagen Formation<sup>2</sup>**



**For Normal Skin<sup>3</sup>, Gums and Teeth<sup>4</sup>**



**Protection Against Oxidative Stress<sup>1</sup>**



**With Hyaluronic Acid**

**With Hydrolyzed Marine Collagen**

For the normal formation of collagen and the maintenance of physiological function of the skin and connective tissues.

### FEATURES

Marine Collagen + Hyaluronic Acid + Vitamin C is a dietary supplement in capsule form, formulated with hydrolyzed marine collagen peptides, hyaluronic acid (sodium hyaluronate), and vitamin C, intended to support the body's nutritional needs.

Vitamin C:

- contributes to normal collagen formation for the proper functioning of skin, gums, and teeth<sup>1234</sup>.
- contributes to protecting cells from oxidative stress<sup>1</sup>.

This formulation may be useful in cases where one wishes to supplement specific structural components present in connective tissues, particularly skin and joints, within a healthy lifestyle.

### RECOMMENDED FOR

- Those wishing to support the physiology of skin, gums, and connective tissues
- Those attentive to maintaining normal skin function over time
- Those with increased collagen needs due to age, lifestyle, or diet
- Those engaging in activities that stress joint and connective structures
- Those seeking a complete formula with marine collagen, hyaluronic acid, and vitamin C

# MARINE COLLAGEN

## WITH HYALURONIC ACID AND VITAMIN C

### DIETARY SUPPLEMENT BASED ON HYDROLYZED MARINE COLLAGEN, HYALURONIC ACID, AND VITAMIN C

#### INFORMATION

Collagen is a structural protein naturally present in the body. It is a fundamental component of connective tissue and is found in skin, cartilage, bones, tendons, and ligaments. With age, the body's collagen production tends to decrease: supplementation with hydrolyzed collagen peptides provides amino acids readily available for intestinal absorption. Hyaluronic acid is a substance naturally produced by the human body, known for its

ability to retain water in tissues. It is present in the dermis, synovial fluid, and other biological structures. Physiologically, it helps maintain adequate hydration and viscosity of soft tissues. The substances contained in the product do not replace therapeutic treatment but may contribute to completing the daily nutritional intake of elements involved in connective tissue physiology.

#### INDICATIONS

Marine Collagen + Hyaluronic Acid + Vitamin C is a dietary supplement formulated to supplement structural components of connective tissues. Thanks to the presence of vitamin C, it contributes to normal collagen formation and the maintenance of the physiological function of skin, gums, and teeth. Vitamin

C also plays a role in protecting cells from oxidative stress. The formula is particularly indicated in cases of increased need or reduced intake of nutrients involved in skin and connective tissue physiology, such as in physiological processes related to aging or in situations of particular stress.

#### HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1 dose (4 capsules) daily

#### INGREDIENTS

Hydrolyzed fish collagen peptides, bulking agent: hydroxypropyl methylcellulose; hyaluronic acid (sodium hyaluronate), L-ascorbic acid (Vitamin C), anti-caking agent: magnesium salts of fatty acids.

AVERAGE CONTENT	
	PER 4 CAPSULES
Hydrolyzed Fish Collagen Peptides	2200 mg
Vitamin C	80 mg (100 %**)
Sodium Hyaluronate	120 mg

NRV: nutrient reference values (adults) according to EU Reg. 1169/2011



Warnings: Do not exceed the recommended daily dose. Keep out of reach of children under 3 years old. Dietary supplements should not be considered a substitute for a varied and balanced diet and a healthy lifestyle. For use during pregnancy and breastfeeding, in children, or for prolonged periods, consult a healthcare professional. Store in a cool, dry place. Avoid exposure to localized heat sources and sunlight. The minimum

shelf life refers to the product correctly stored in an intact package. Do not dispose of in the environment after use. Produced in a facility that uses milk-based ingredients (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, crustaceans.

\*The product is tested free of anabolic steroids, stimulants, and SARMS.

# OMEGA 3TGX<sup>®</sup>

FATTY ACIDS FOOD SUPPLEMENT IN FORM OF TRIGLYCERIDE

## PACKAGING:

60 softgel, 1,3 g each | 180 softgel, 1,3 g each

NO AFTERTASTE



## FEATURES

OMEGA 3 TGX<sup>®</sup> is a high quality product with a high concentration of active ingredients. OMEGA 3TGX is a concentrated and purified source of fatty acids of the OMEGA 3 series, with high EPA and DHA content. Active ingredients of OMEGA 3 TGX<sup>3</sup> are concentrated such as triglycerides, highly bioavailable and titrated form 40/30 (EPA/DHA). The purification process follows very high

standards, ensuring a product purified and easily digestible, which has no aftertaste. The presence of Vitamin E counteracts oxidation and preserves the integrity of the omega 3. Raw material used in OMEGA 3 TGX<sup>3</sup> is of high quality, certified according to international protocols (International Fish Oil Standards).

**High concentration Omega 3,**  
in triglyceride form and without aftertaste.

## FUNCTION OF INGREDIENTS



**Heart function<sup>1</sup>**



**Triglycerides in the blood<sup>2</sup>**



**Blood pressure<sup>3</sup>**



**Brain function<sup>4</sup>**



**Visual capacity<sup>5</sup>**

## RECOMMENDED FOR

- People looking for a high quality and bioavailability Omega 3
- Athletes under stress and performing very intense exercise
- People with metabolic syndrome
- To regulate triglycerides and blood pressure
- To optimize heart function

## PRODUCT PLUS

- Excellent bioavailability and digestibility
- Highly purified and rich in Omega 3
- No aftertaste
- Absence of contaminants
- High concentration EPA/DHA 40/30

# OMEGA 3TGX®

## FATTY ACIDS FOOD SUPPLEMENT IN FORM OF TRIGLYCERIDE

### INFORMATION

Omega 3 fatty acids which are in supplements can be available in form of triglyceride (TG) or ethyl ester (EE). These forms identify molecular structures different from Omega 3.

Molecular structures have different biological behaviours, it was proved that the difference between TG and

EE influences Omega 3 absorption. As said in literature, Omega 3 in form of TG are more bioavailable than EE, this means Omega 3 TG have a higher biological activity and with same quantity are more active than EE(1).

### INDICATIONS

Saturated fats like EPA and DHA, contribute to the maintenance of normal cholesterol levels. Polyunsaturated fatty acids Omega 3 (EPA/DHA), a healthy lifestyle and a controlled diet contribute to\*:

- Normal cardiac function<sup>(1)</sup>
- Maintenance of normal triglyceride levels<sup>(2)</sup>
- Maintenance of normal blood pressure<sup>(3)</sup>

(\* Such benefits are obtained with a daily intake of 250 mg(1) , 2g(2) and 3g(3) of EPA and DHA, of 250 mg of DHA(4) . It is recommended do not exceed an additional daily intake of 5g/die of combinations of EPA and of DHA.

- DHA contributes to the maintenance of normal brain<sup>(4)</sup> function and normal eyesight.

### HOW TO USE AND RECOMMENDED DAILY DOSE

It is recommended to take 1 to 3 capsules per day, after meals.

### INGREDIENTS

Standardized concentrated **fish** oil in EPA (40%) and DHA (30%) in triglyceride form [40% Eicosapentaenoic acid (EPA) 30% Docosahexaenoic acid (DHA)];

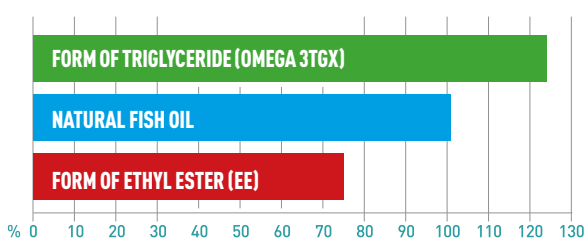
Jelly pearl Food; Stabilizer: glycerol; Lemon Antioxidant: D-alpha-tocopherol (**soy**).

### TYPICAL VALUES

	Per 3 softgel
Fish oil*	3000 mg
of which EPA	1200 mg
DHA	900 mg

\*concentrated in Omega 3 in form of triglyceride

### BIOAVAILABILITY IN DIFFERENT FORM OF OMEGA3



(1)J. Dyerberg, P. Madsen, J. Moller, I. Aardestrup, E.B. Schmidt. Bioavailability of n-3 Fatty Acid Formulations In n-3 Fatty Acids: Prevention and Treatment in Vascular Disease, 1995

### BIBLIOGRAPHIC INFORMATION ON PARTICULAR COMPONENTS

Scientific literature suggested several beneficial effects produced by Omega 3 fatty acids. Several research studies showed how the regular consumption of Omega 3 fatty acids combats inflammatory phenomena, thanks to the biochemical properties of these nutrients<sup>1</sup>. Moreover, research showed that Omega 3 fatty acids support the reduction of plasma triglyceride levels, and consequently blood viscosity<sup>2</sup>. In the sport field, it has been proven that the regular consumption of Omega 3 fatty acids has a protective effect against

the onset of intense and prolonged exercise-induced bronchospasm<sup>3</sup>. References <sup>1</sup> Simopoulos, A. (2002) Omega-3 fatty acids in inflammation and autoimmune diseases. *Journal of the American College of Nutrition* 21 (6): 495-505. <sup>2</sup> Nenseter et al. (1992) *Arteriosclerosis & Thrombosis* 12(3): 369-79. <sup>3</sup> Inoltre, Lu et al. (1999) *The Journal of Nutritional Biochemistry* 10(3): 151-158. <sup>4</sup> Mickleborough TD, Lindley MR, Montgomery GS. Effect of fish oil-derived Omega-3 polyunsaturated Fatty. Acid supplementation on exercise-induced bronchoconstriction and immune function in athletes. *Phys Sport-smed*. 2008 Dec;36(1):11-7.



Warnings: food supplements are not intended to be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Keep out of reach of children under the age of 3. Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed. This product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

# OMNIA ACTIVE FORMULA®

**POLY-VITAMIN AND MULTI-MINERAL FOOD SUPPLEMENT  
WITH PHOSPHATIDYLCHOLINE**

PACKAGING: 45 TABLETS, 1155 mg EACH



GLUTEN  
FREE

DOPING  
FREE  
TESTED\*

ASPARTAME  
FREE

VEGETARIAN

## FEATURES

OMNIA® Active Formula is a dietary supplement of vitamins and minerals with phosphatidylcholine. The formulation provides 100% of the nutritional values (NRV) of vitamins useful to the human body and many of the minerals involved in metabolic and enzymatic processes. In particular, vitamins (C, B2, B3, B5, B6, B12) contribute to the proper energy metabolism and to the reduction of tiredness and fatigue. Vitamins B2, B3, B8, A, C together with Ca, Mg and Zn contribute to the main-

tenance of normal skin and normal bones. Vitamins A, B6, B9, B12, C, D, together with Fe, Cu, Se, Zn contribute to the normal function of the immune system. Finally, it contributes to the protection of cells from oxidative stress by the presence of vitamins B2, C, E, along with Cu, Se, Zn. The product is Gluten Free, is therefore also suitable for people with celiac disease or gluten intolerance.

**Vitamin and multi mineral food supplement  
with high content of Vitamin B**

## FUNCTION OF INGREDIENTS



**Energy metabolism<sup>1</sup>**



**Reduction of fatigue<sup>2</sup>**



**Health of the skin<sup>3</sup>**



**Health of the bones<sup>4</sup>**



**Natural defences<sup>5</sup>**



**Oxidative stress<sup>6</sup>**

## RECOMMENDED FOR

- To those in need of a complete and balanced vitamin and/or mineral supplement
- In case of weakness or fatigue
- In case of increased vitamin and mineral requirements
- To those who carry out intense sports activity
- To all people who need a recharge



# OMNIA ACTIVE FORMULA®

## POLY-VITAMIN AND MULTI-MINERAL FOOD SUPPLEMENT WITH PHOSPHATIDYLCHOLINE

### INDICATIONS

Vitamins and minerals contained in the product contribute to reduction of tiredness and fatigue, protection from oxidative stress<sup>6</sup>, help to maintain good health of the skin<sup>3</sup> and bones<sup>4</sup> and support a normal function of

the natural defenses of body<sup>5</sup>. Useful for people that need an intake of vitamins and minerals.

### HOW TO USE AND RECOMMENDED DAILY DOSE

1 tablet per day

### INGREDIENTS

Calcium salts of orthophosphoric acid; bulking agents: cellulose Microcrystalline, hydroxy-propyl-methylcellulose; Oxide Magnesium; Phospholipids from sunflower oil powder (of which 20% phosphatidylcholine) ; Vitamin C (L-ascorbic acid); Ferrous fumarate; Anti-caking agents: salts of magnesium fatty acids, silicon dioxide; Coating agent: hydroxy-propyl-methylcellulose, isomalt; Vitamin E (DL-alpha-tocopheryl acetate); Gluconate manganese; Niacin (nicotinamide); L-seleno-

methionine; Stabilizers: fatty acids; zinc oxide; dye: calcium carbonate; copper gluconate; vitamin A (retinyl acetate); Pantothenic acid (D-pantothenate, calcium); Vitamin B12 (cyanocobalamin); Vitamin D3 (cholecalciferol) ; Vitamin B6 (pyridoxine hydrochloride); Vitamin K (phylloquinone); Riboflavin; Thiamine (hydrochloride thiamine); folic acid (pteroyl-monoglutamic acid); Biotin (D-biotin); Potassium iodide.

### TYPICAL VALUES

	Per 1 tablet	%NRV per 1 tablet
Vitamin A	800 mcg	100%
Vitamin D	5,0 mcg	100%
Vitamin E	12 mg	100%
Vitamin K	75 mcg	100%
Vitamin C	80 mg	100%
Thiamine (Vit.B1)	1,1 mg	100%
Riboflavin (Vit. B2)	1,4 mg	100%
Niacin (Vit. B3)	16 mg	100%
Vitamin B6	1,4 mg	100%
Folic acid	200 mcg	100%
Vitamin B12	2,5 mcg	100%
Biotin	50 mcg	100%
Pantothenic acid (Vit. B5)	6 mg	100%
Calcium	160 mg	20%
Phosphorus	77 mg	11%
Magnesium	75 mg	20%
Iron	14 mg	100%
Zinc	7,5 mg	75%
Copper	1 mg	100%
Manganese	2 mg	100%
Selenium	55 mcg	100%
Iodine	150 mcg	100%
Phospholipids of which phosphatidylcholine	100 mg 20 mg	-

NRV: Nutrient Reference Values (adults) according to Reg. EU No 1169/2011

Warnings: Do not exceed the recommended daily dose. Supplements are not intended as a substitute for a varied and balanced diet or a healthy lifestyle. Keep out of reach of children under 3 years of age. Store in a cool and dry place, away from direct sunlight and sources of localized

heat. The minimum shelf life refers to the properly stored product, in its unopened packaging. \*The product has been tested to be free of nandrolone, and testosterone, and of their precursors, as well as of amphetamines and ephedrine.



# REPOXAN<sup>®</sup>

## MELATONIN DIETARY SUPPLEMENT

with Magnesium, Lavender, Passionflower, Griffonia, Chamomile, California Poppy, and Vitamin B6, with sweeteners

PACKAGE: 30 tablets of 1.43 g each



GLUTEN  
FREE

DOPING  
FREE  
TESTED\*

VEGAN

VEGETARIAN

## HELPS FALL ASLEEP QUICKLY WITH 6 COMBINED ACTIONS



**Reduces the time needed to fall asleep**

Melatonin



**Fights fatigue and tiredness even upon waking**

Magnesium and Vitamin B6



**Promotes restful sleep**

California Poppy, Lavender, Passionflower, Chamomile



**Supports mental well-being**

Passionflower, Griffonia, and Chamomile



**Improves sleep quality**

Passionflower and Griffonia



**Fights stress**

California Poppy, Lavender, Passionflower



The FIZZcarrier<sup>®</sup> technology creates micro-effervescence in the mouth that facilitates the absorption of active nutrients in the oral cavity and under the tongue.

The carbon dioxide bubbles released stimulate (like a "massage") the oral mucosa, promoting local vasodilation, leading to increased blood

flow in the area and thus improving the penetration of active ingredients. FIZZcarrier<sup>®</sup> also enhances the mucosa's permeability to active ingredients, likely due to a relaxation of cell junctions.

Therefore, the oro-sublingual absorption, already naturally rapid, is further improved\*.

The FIZZcarrier<sup>®</sup> technology creates micro-effervescence in the mouth that facilitates the absorption of active nutrients in the oral cavity and under the tongue.

# REPOXAN®

## MELATONIN DIETARY SUPPLEMENT

with Magnesium, Lavender, Passionflower, Griffonia, Chamomile, California Poppy, and Vitamin B6, with sweeteners

### FEATURES

REPOXAN® is a dietary supplement with an advanced formula combining natural ingredients to promote restful sleep<sup>(3,4,5,7)</sup> and improve mental well-being<sup>(5,6,7)</sup>. The product is formulated with melatonin<sup>1</sup>, magnesium<sup>2</sup>, lavender<sup>4</sup>, passionflower<sup>5</sup>, griffonia<sup>6</sup>, chamomile<sup>7</sup>, California poppy<sup>3</sup>, and vitamin B6<sup>8</sup> to provide numerous be-

nefits for those with poor sleep quality. Thanks to the combined action of its ingredients, REPOXAN® is designed to help reduce the time it takes to fall asleep<sup>1</sup>, reduce fatigue and tiredness even upon waking<sup>(2,8)</sup>, and support optimal sleep quality. The extracts help combat stress<sup>(3,4,5)</sup> and improve sleep quality<sup>(5,6)</sup>.

### HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve in the mouth. It is recommended to take REPOXAN® about 20-30 minutes before bed for maximum benefits. <sup>(1)</sup> The beneficial effect is achieved

by taking 1mg of melatonin. To be taken when expecting at least 6 hours of sleep.

### INGREDIENTS

FIZZcarrier® [sweeteners: mannitol, sorbitol, xylitol, sucralose; potassium bicarbonate, acidifiers: malic acid, tartaric acid] 65%; Filler: microcrystalline cellulose; Magnesium oxide; Anti-caking agents: silicon dioxide, magnesium salts of fatty acids; Lavender (Lavandula angustifolia Mill.) flower extract std. 0.5% essential oil; Passionflower (Passiflora incarnata L.) aerial part with flowers extract std. 1% flavonoids; Griffonia (Griffonia

simplicifolia (DC.) Baill.) seed extract std. 25% 5-HTP (5-hydroxytryptophan); Chamomile (Matricaria chamomilla L.) flower extract std. 0.75% apigenin; California Poppy (Eschscholzia californica Cham.) aerial part extract std. 1% protopine; Flavoring; Stabilizer: Mono and diglycerides of fatty acids; Magnesium salts of citric acid; Melatonin; Vitamin B6 (pyridoxine hydrochloride).

AVERAGE CONTENT		
	PER TABLET	%NRV per tablet
Melatonin	1 mg	-
Lavender	30 mg	-
of which essential oil	0,15 mg	-
Passionflower	30 mg	-
of which flavonoids	0,3 mg	-
Griffonia	30 mg	-
of which 5-HTP	7,5 mg	-
Chamomile	30 mg	-
of which apigenin	0,225 mg	-
California Poppy	25 mg	-
of which protopine	0,25 mg	-
Magnesium	60 mg	16%
Vitamin B6	0,7 mg	50%



NRV: Nutrient Reference Value (adults) EU Reg. No. 1169/2011

Warnings: Dietary supplements should not be used as a substitute for a varied and balanced diet and must be used as part of a healthy lifestyle. Keep out of reach of children under three years of age. Do not exceed the recommended daily dose. Store in a cool, dry place, away from light.

Avoid exposure to heat sources. The expiration date refers to the product in an unopened package, properly stored. Excessive consumption may have laxative effects. \*The product is tested free of anabolic steroids, stimulants, and SARMS.

# VITAMINA C 1000

VITAMIN C1000 FOOD SUPPLEMENT- IN VEGETABLE CAPSULES



JAR OF 120 CAPSULES



## INGREDIENT ACTIONS



**Natural defenses** <sup>1</sup>



**Skin health** <sup>4</sup>



**Oxidative stress** <sup>3</sup>



**Fatigue reduction** <sup>2</sup>



**Dental health** <sup>5</sup>



**Collagen formation**

For immune system support, antioxidant protection, and collagen formation.

## FEATURES

VITAMIN C 1000 is a food supplement in vegetable capsules based on Vitamin C (L-ascorbic acid), specifically formulated to support the body's natural defenses and contribute to daily well-being. Vitamin C is an essential micronutrient that plays multiple physiological roles and is particularly useful during periods of physical or mental stress, seasonal changes, recovery, or irregular diet.

## RECOMMENDED FOR

- For those who want to support their natural immune defenses
- For those feeling tired or run-down
- For those with a busy or stressful lifestyle
- For those with an unbalanced diet or low intake of fruits and vegetables
- For those with increased Vitamin C needs (seasonal changes, sports, recovery)

# VITAMINA C 1000

## VITAMIN C1000 FOOD SUPPLEMENT- IN VEGETABLE CAPSULES

### INFORMATION

Physiological functions of Vitamin C:

- contributes to the normal functioning of the immune system<sup>1</sup>
- helps reduce tiredness and fatigue<sup>2</sup>
- contributes to the protection of cells from oxidative stress<sup>3</sup>
- supports normal collagen formation, essential for the physiological function of skin, gums, cartilage, and teeth<sup>45</sup>

- enhances the absorption of dietary iron

Its antioxidant and immunomodulatory properties make it particularly beneficial in cases of increased demand or insufficient dietary intake.

### INDICATIONS

Vitamin C is an essential nutrient involved in numerous physiological processes. It contributes to the normal function of the immune system and protects cells from oxidative stress. It also helps reduce tiredness and fatigue, supports normal energy metabolism, and promotes collagen formation, which is important for the health of skin, gums, teeth, and cartilage.

Thanks to its high concentration of vitamin C, this supplement is especially recommended during periods of increased physical and mental stress or in case of low dietary intake.

Supplementation is recommended for adults who want to:

- support immune defenses
- fight physical and mental fatigue
- promote healthy skin and mucous membranes
- protect cells from oxidative stress
- improve iron absorption when needs are increased

### HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1 capsule per day, preferably with the main meal.

### INGREDIENTS

L-ascorbic acid (Vitamin C), bulking agent: hydroxypropyl methylcellulose; anti-caking agents: magnesium salts of fatty acids, silicon dioxide.

AVERAGE CONTENT	
	1 cap
VITAMIN C	1000 mg (1250 %**)

NRV: nutrient reference values (adults) according to EU Reg. 1169/2011



Warnings: Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age.

The product is intended for adults. Do not use during pregnancy or in children. Do not use in individuals predisposed to kidney stone formation or with kidney disorders.

Produced in a facility that also processes milk (including lactose), soy,

peanuts, other nuts, sesame seeds, eggs, shellfish, and fish.

\*The product is tested free from anabolic steroids, stimulants, and SAR-Ms.

Storage conditions:

Store in a cool, dry place, away from direct sunlight and sources of heat. The minimum shelf life refers to the product properly stored in an unopened package. Do not dispose of in the environment after use.



# VITAMINA D3 2000 IU - SOFTGELS

## VITAMIN D3 FOOD SUPPLEMENT



BOTTLE: 60 SOFTGEL CAPSULES



### INGREDIENT ACTIONS

**Bones<sup>2</sup> and Teeth<sup>3</sup>****Blood Calcium<sup>1</sup>****Muscles<sup>5</sup>****Immune System<sup>4</sup>****Presented in softgel capsules for optimal bioavailability.**

**Supports strong bones, normal muscle function, and healthy immune defenses.**

### FEATURES

VITAMIN D3 2000 IU is a dietary supplement in softgel capsules, formulated to provide an effective and highly absorbable dose of Vitamin D3 (cholecalciferol), supporting essential physiological functions for overall health.

- Vitamin D contributes to:
- Maintaining normal blood calcium levels<sup>1</sup>
- Normal bone<sup>2</sup> and dental<sup>3</sup> health
- Normal immune system function<sup>4</sup>
- Normal muscle function<sup>5</sup>

Each capsule contains 50 µg of Vitamin D (2000 IU), equivalent to 1000% of the Nutrient Reference Values (NRV).

### RECOMMENDED FOR

- Individuals with limited sun exposure
- Those seeking natural immune system support
- People aiming to maintain bone and dental health
- Individuals with vitamin D deficiency or insufficiency

# VITAMINA D3 2000 IU - SOFTGELS

## VITAMIN D3 FOOD SUPPLEMENT

### INFORMATION

Softgel capsules ensure high stability of Vitamin D3 over time and promote rapid bioavailability due to their oil-based dispersion.

This form is particularly suitable for fat-soluble vitamins like D3, optimizing intestinal absorption.

Additionally, softgels are easy to swallow, odorless, and provide precise and consistent dosing.

### INDICATIONS

Vitamin D is essential for bone, dental, and immune system health. It aids in calcium absorption and utilization, supports normal muscle function, and helps maintain immune defenses.

Adequate vitamin D intake is especially important during periods of reduced sun exposure, seasonal

changes, advanced age, low-fat diets, or conditions affecting intestinal absorption.

VITAMIN D3 provides cholecalciferol in a well-absorbed and tolerated softgel form for effective supplementation.

### HOW TO USE AND RECOMMENDED DAILY DOSE

Take 1 capsule daily.

### INGREDIENTS

Sunflower oil, gelatin, humectant: glycerol; purified water, cholecalciferol (Vitamin D).

NUTRITIONAL INFORMATION	
	1 softgel
VITAMIN D	50µg / 2000 IU (1000%**)

\*\*NRV: nutrient reference values (adults) according to EU Reg. 1169/2011



Warnings: Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age.

The product is intended for adults. Not to be used during pregnancy or in children. Not to be used by individuals predisposed to kidney stone formation or with kidney disorders.

Produced in a facility that processes milk-based ingredients (including

lactose), soy, peanuts, other nuts, sesame seeds, eggs, shellfish, and fish.

\*The product is tested free from anabolic steroids, stimulants, and SAR-Ms.

Storage Instructions: store in a cool, dry place, away from direct sunlight and localized heat sources. The minimum shelf life refers to the product properly stored in an unopened package. Do not dispose of in the environment after use.



**SUPPORT YOUR WELL-BEING**



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