

ENERGY PEACH - APRICOT

ENERGY BAR



HUNGER DURING TRAINING OR COMPETITION



TASTE: PEACH AND APRICOT

- SUSTAINED AND DISTRIBUTED ENERGY
- HIGH ENERGY CONTENT (138 KCAL)
- GREAT-TASTING AND HIGHLY DIGESTIBLE
- SOFT AND PALATABLE
- GLUTEN AND PALM OIL FREE

FEATURES

The bars of the ENERGY line are designed for those who practice physical activity. The New ENERGY peach-apricot is an energy food with carbohydrates with modulated absorption, also thanks to the presence of almond paste. It also contains rice crispies, oatmeal and dried fruit, all gluten-free. The particular formulation provides energy quickly, but the special mix generates a prolonged release. This bar is particularly suitable for endurance sports but perfectly meets the needs of all sports. It is prepared without added preservatives and artificial dyes, is extremely digestible and easily chewable. The new ENERGY peach-apricot has a fruity and balanced taste, retains its consistency even in extreme climatic conditions.

HOW TO USE AND RECOMMENDED DAILY DOSE

BEFORE

At least 60-90 minutes before starting an intense activity, with a little water.

DURING

Long races: take it every 1.5 - 2 hrs with a little water. Medium-length races: take it at half of the race with a little water.

INGREDIENTS

Almond paste (sugar, almonds 36%, water, humidifier: sorbitol, invert sugar syrup, glucose syrup, humidifier: invertase), glucose syrup, rice crispies (rice flour, sugar, sunflower seed oil, salt), gluten-free oat flakes, Dried apricots 6% (apricots, preservative: sulfur dioxide), peach paste taste- chocolate 5% (cocoa, sugar, peach, sunflower oil, emulsifier: soy lecithin, acidifier: citric acid, vegetable concentrate (carrot), flavourings, stabilizing: pectin), rice flour, maltodextrin, dextrose, fructose, cocoa butter, dextrin, wafer (potato starch, water, sunflower seed oil), flavorings, cocoa powder, acidifiers: citric acid and L-malic acid, dye; curcumin. *May contain traces of other nuts, peanuts*

ADVICE

Each person have their own different absorption times and energy needs, according to their metabolism and level of training. Therefore, for optimal effectiveness during competitions, it is recommended to take ENERGY LONG RACES PEACH-APRICOT first during training sessions.

RECOMMENDED FOR

SUITABLE FOR ALL SPORTS

- Hunger during training or competition
- Pre-race energy store
- Useful for those who practice endurance activity
- Useful for those who train hard
- Suitable as mid-morning snack

PACKAGING: 25 BARS, 35 G EACH

WHEN TO USE ENERGY PEACH-APRICOT



Warnings: Store in a cool dry place away from sunlight and other direct sources of heat. The expiration date applies to the product in its intact container when stored as directed

NUTRITIONAL INFORMATION

	Per 100 g	Per bar (35 g)
Energy		
kcal	395	138
kJ	1669	584
Typical Values		
Fat	11 g	3.8 g
of which saturates	2.0 g	0.7 g
Carbohydrate	69 g	24 g
of which sugars	47 g	16 g
Fiber	1.3 g	0.5 g
Protein	4.6 g	1.6 g
Salt (Na x 2.5)	0.07 g	0.02 g