

SUPERHYDRO® TABS

HYDROSALINE FOOD SUPPLEMENT



- SUGAR FREE
- CALORIES FREE¹
- HYPOTONIC
- BALANCED MINERAL SALTS
- OPTIMUM HYDRATION
- ELECTROLYTES: 487 MG/TAB



1 TAB = 1 BOTTLE

RECOMMENDED FOR:

- For those who need to hydrate effectively and restore electrolytes
- For those undergoing dehydrating and long-term training
- For those seeking a sugar-free and calorie-free mineral supplement
- For those who want to do sports by controlling the caloric impact of supplements



FEATURES:

SuperHydro Tabs is a hydrohaline food supplement in tablets, no added sugars and no calories. The special formulation allows optimal hydration and optimizes the absorption of water during intense activity. Sodium, potassium, magnesium, calcium and chlorine are balanced and generate a solution that provides 487 mg of electrolytes per tablet. Vitamins B1, B2, B6 contribute to the reduction of fatigue and tiredness and to the normal energy metabolism. Vitamin B1 contributes to normal heart function and vitamin B6 also contributes to the normal formation of red blood cells.

HOW TO USE AND RECOMMENDED DAILY DOSE:

Dissolve 1 tab of product in about 500 ml of water. Take at regular intervals of 15-20 minutes.

INDICATIONS:

the product is particularly suitable for those who carry out intense and/ or prolonged physical activity. It's useful for replenishing fluids and electrolytes lost during activity.

INGREDIENTS:

Citric acid, acidity regulator: sodium acid carbonate, bulking agent: sorbitol, potassium carbonate acid, calcium carbonate, magnesium carbonate, potassium chloride, natural aroma (lemon), sweetener: sucralose, natural aroma (orange) Zinc citrate, riboflavin 5'-phosphate sodium, pyridoxine hydrochloride, thiamine hydrochloride.

QUANDO USARE SUPERHYDRO TABS®



PACKAGING: 12 TUBES BOX / 20 TABS EACH
FLAVOUR: NATURAL LEMON

Dietary supplements should not be understood as a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the recommended daily dose. Keep out of reach of children under 3 years of age. Contains sweetener, excessive consumption can have laxative effects. The expiry date refers to the product in full packaging, properly stored. Keep the product in a cool and dry place. *The product is tested free from Nandrolone and Testosterone with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION

	Per 100 ml	Per Tab (4,15 g)
Energy		
kcal	191	8
kJ	822	34
Typical		
Fat	0 g	0 g
of which saturates	0 g	0 g
Carbohydrate	14 g	0,6 g
of which sugars	0	0
of which polyols	13 g	0,5 g
Protein	0	0
Salt (Nax2.5)	12,9 g	0,53 g
Vitamin B1	13,25 mg (1205 % NRV)	0,55 mg (50 % NRV)
Vitamin B2	16,87 mg (1205 % NRV)	0,7 mg (50 % NRV)
Vitamin B6	16,87 mg (1205 % NRV)	0,7 mg (50 % NRV)
Zinc	120 mg (1205 % NRV)	5 mg (50 % NRV)
Magnesium	686,7 mg (183% NRV)	28,5 mg (7,6 % NRV)
chlorine	1205 mg (145 % NRV)	50 mg (6 % NRV)
Calcium	1566 mg (193 % NRV)	65 mg (8 % NRV)
Potassium	3133 mg (157 % NRV)	130 mg (6,5 % NRV)
Sodium	5132 mg	213 mg

¹Valore in soluzione: (1,6 kcal/100 ml)
OSMOLARITA: 74 mOsm/l (1 Tab in 500 ml)