

STARTER 1000® NEW GENERATION PRE-WORKOUT

FOOD SUPPLEMENT OF CITRULLINE, ARGININE, NORVALINE, BETA-ALANINE AND TAURINE WITH BCAA, CREATINE AND MICRO-ENCAPSULATED CAFFEINE.



NEW GENERATION PRE-WORKOUT



HOW IT WORKS

- NITRIC OXIDE FLOW
- STRENGTH
- ENDURANCE
- ENERGY

POWERED WITH



PACKAGING: 400 GR JAR (20 DOSIS)
FLAVOUR: RED ORANGE

MADE WITH NEW-GENERATION CARBOHYDRATES

RECOMMENDED FOR

- To those who want to optimise energy during Pre-workout phase
- To those who practise sport of endurance or strength
- to those who want to maximise concentration, energy and endurance.

WHEN TO USE STARTER 1000®



Do not exceed the recommended daily dose. Supplements are not intended as substitutes for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years of age. Contains caffeine (70 mg/dose). It is recommended not to exceed intake of 400 mg of caffeine per day from all sources. The product is intended for adults who exercise intensively. Due to the presence of creatine the product is intended for adults only. Do not use in children, during pregnancy or for prolonged periods without consult your doctor. Do not expose to heat sources and solar radiation. The expiration date applies to the product in its intact container when stored as directed. Do not throw out in the environment after the use. *The product is tested free of Nandrolone and Testosterone with their precursors, amphetamines and ephedrine.

FEATURES:

STARTER 1000® is a specific supplement for pre-race or pre-workout phase. It provides Citrulline, Arginine, Norvaline, Beta-Alanine, Taurine, Creatine, Caffeine, BCAA and Vitamins, very useful ingredients for sports performance. Caffeine (70mg/dose) contributes to increase attention and concentration. Micro-encapsulated caffeine (NewCaff I) also allows a gradual release for a more modulated and constant effect.

Vitamins contribute to the reduction of tiredness and fatigue (B12, B6, C), to the normal functioning of the nervous system (B1, B12, C), allow the physiological energy metabolism (B12, B1, B6, C) and support normal protein and glycogen metabolism (B6). Zinc contributes to normal protein synthesis. The product provides creatine, useful for repetitive activities of high intensity and short duration.

STARTER 1000® is made with Isomaltulose and Cluster Dextrin, new generation carbohydrates able to release glucose gradually and continuously. STARTER 1000® is gluten free.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 20g (1 scoop) of product in 200-250ml of water. STARTER 1000® is taken about 15-20 minutes before starting and is designed for those who want deal with maximum energy intense workouts, both short and long.

INDICATIONS:

Specific product for pre-race or pre-workout phase to support intense and prolonged activities, in particular to reduce fatigue and concentration. This product is recommended before training or race.

INGREDIENTS

Carbohydrate mix (Maltodextrins DE19, Isomaltulose** (Palatinose), highly branched cyclic dextrin (Cluster Dextrin®)), Aminoblast BCAA (L-Leucine, L-Isoleucine, L-valine), Beta Alanine, Citrulline malate, Creatine Mix (Creatine Alpha-Ketoglutarate 1:1, creatine citrate), Arginine Alpha-ketoglutarate, Taurine, Beetroot (Beta vulgaris L.) powder, Trimagnesium citrate, emulsifier: sucrose esters of fatty acids; flavourings, acidifying agent: malic acid; anti-caking agent: silicon dioxide; norvaline, L-ascorbic acid, zinc gluconate, microencapsulated caffeine NewCaff. (caffeine, wax candellilla, mono- and diglycerides of fatty acids), caffeine anhydrous, sweetener: sucralose; Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamine Hydrochloride), Vitamin B12. **Isomaltulose is a source of glucose and fructose.

NUTRITIONAL INFORMATION

	Per 100 g	Per dose (= 20 g)
Energy value		
kJ	591	119
kcal	139	28
Mean values		
Fat	0 g	0 g
of which saturated fatty acids	0 g	0 g
Carbohydrates	34 g	7 g
of which sugars	14 g	3 g
Protein	0 g	0 g
Salt	0 g	0 g
Mix BCAA Aminoblast®	12,5 g	2,5 g
of which L- Leucine	6,25 g	1,5 g
of which L-valine	3,125 g	625 mg
of which L-isoleucine	3,125 g	625mg
Citrulline DL Malate	10 g	2 g
Beta Alanine	10 g	2 g
Creatine Mix	7,5 g	1,5 g
of which creatine Citrate	6,25 g	1,25 g
of which creatine AKG	1,25 g	250 mg
Arginine AKG	5 g	1 g
Taurine	5 g	1 g
Red beet (Beta Vulgaris L.) powder	5 g	1 g
Malic acid	1 g	200 mg
Norvaline	500 mg	100 mg
Magnesium	601 mg (160% NRV)	120 mg (30% NRV)
NewCaff caffeine®	200 mg	40 mg
Caffeine anhydrous	150 mg	30 mg
Zinc	25 mg (250%NRV)	5 mg (50% NRV)
L-ascorbic acid (Vit C)	500 mg (625%NRV)	100 mg (125% NRV)
Thiamine (Vit. B1)	5,5 mg (500% NRV)	1,1 mg (100%NRV)
Pyridoxine (Vit. B6)	7 mg (500% NRV)	1,4 mg (100% NRV)
Vitamin B12	12,5 mcg (500% NRV)	2,5 mcg (100% NRV)