

PROTEIN XTR®

PROTEIN FOOD SUPPLEMENT WITH ANABOLICMIX™ AND ZYMATE®



FOR INTENSE MUSCULAR EXERTION



PRODUCT FEATURES

- A BALANCED BLEND OF WPI AND WPC
- SEQUENTIAL RELEASE
- COMPLETE AMINO ACID PROFILE,
- HIGH IN BCAA
- HIGH BIOLOGICAL VALUE
- INSTANTANEOUSLY SOLUBLE
- EXTREMELY DIGESTIBLE
- PLEASANT AND NATURAL TASTE
- NO ADDED SUGARS

PLUS

- Enhanced formula with Leucine, HMB and HICA to promote the anabolic phase.
- Contains ZyMate, a mix of 5 enzymes that improve the digestibility of the product

900 g BAG WITH MEASURING SCOOP AND GUARANTEE SEAL.
500 g BAG WITH MEASURING SCOOP AND GUARANTEE SEAL (cocoa flavour)

Flavours:

■ Cocoa ■ Vanilla ■ Pineapple

Whey proteins enriched with ANABOLICMIX™ and ZYMATE® contribute to anabolism, therefore help the growth and maintenance of muscle mass and are particularly digestible.



Mixture of 5 digestive enzymes which facilitate the digestion of proteins.
amylase | protease | lactase | lipase | cellulase

ANABOLICMIX™



It is a metabolite of leucine. WHEY proteins, enriched with HICA, are effective in anabolic processes and reconstructive of the musculature



It is obtained from leucine metabolism. WHEY proteins together with HMB have an active role in the trophism and repair of muscle tissue.



Leucine is important for the athlete nutrition. It has an important role in protein synthesis, necessary for muscle growth and endurance.

Effective anabolism
Optimal digestibility
High intake of EAA and BCAA

FEATURES

Protein XTR® is a high protein food supplement made exclusively from whey proteins. It is useful for the diet of athletes who train daily and it is suitable in case of increased protein requirements. This product is highly digestible with a natural, pleasant taste. Technology used (cross flow ultra filtration and micro filtration) concentrates polypeptides, lactoglobulins, lactoferrin and a high BCAA concentration and guarantees a high solubility, which facilitates daily use of the product. The presence of ZyMate® a blend of 5 enzymes, promotes optimal digestion. Vitamin B6, which is contained in this product, contributes to normal protein and glycogen metabolism, normal energy-yielding metabolism and to the reduction of tiredness and fatigue. The formulation is enhanced with AnabolicMix™, a mix of Leucine, HMB and HICA (leucine metabolite). Whey proteins enriched with AnabolicMix™ contribute to the growth and maintenance of muscle mass and to the maintenance of normal bones. This product is Gluten-free and Aspartame free.

RECOMMENDED

- People who do intense exercise
- Athletes who need to strengthen and sustain muscle mass

WHEN TO USE PROTEIN XTR®



PROTEIN XTR[®]

PROTEIN FOOD SUPPLEMENT WITH ANABOLICMIX[™] AND ZYMATE[®]



INDICATIONS

Protein XTR[®] is suitable for sports activities requiring intense muscular exertion. It can be useful also in low-calorie diets, to contribute to the maintenance of muscle mass.

HOW TO USE AND RECOMMENDED DAILY DOSE

30 g of product per day (3 measuring scoops). Take it between meals, dissolved in approximately 250 ml of water or milk.

INGREDIENTS COCOA

Concentrated and microfiltered whey proteins, Dutch Cocoa 10%, Milk Protein, Inulin, Flavorings, AnabolicMix (L-Leucine, HICA : Leucic acid, CaHMB: Calcium hydroxy-methylbutyrate), Sweetener: sucralose; Vitamin B6 (pyridoxine hydrochloride), Zy Mate (mixture of digestive enzymes from fermented maltodextrin : amylase, protease, lactase, lipase, cellulase

INGREDIENTS VANILLA

Concentrated and microfiltered whey proteins, Protein milk, Maltodextrin, Inulin 1%, Flavorings, AnabolicMix TM (L-Leucine, HICA : Leucic acid, CaHMB: Calcium hydroxy-methylbutyrate), thickener: guar gum, Sweetener: sucralose; Vitamin B6 (piridossine chloridarto), ZyMate³ (mixture of digestive enzymes from fermented maltodextrin: amylase, protease, lactase, lipase, cellulase)

INGREDIENTS PINEAPPLE

Concentrated and microfiltered whey proteins, Protein milk, Maltodextrin, Inulin 1%, Flavorings, AnabolicMix TM (L-Leucine, HICA : Leucic acid, CaHMB: Calcium hydroxy-methylbutyrate), thickener: guar gum, Sweetener: sucralose; Vitamin B6 (piridossine chloridarto), ZyMate³ (mixture of digestive enzymes from fermented maltodextrin: amylase, protease, lactase, lipase, cellulase)

Warnings: food supplements are not intended as substitutes of a varied, balanced diet and a healthy lifestyle. Do not exceed the recommended daily dosage. Do not use in pregnancy, in children or for long periods without your doctor's advice. Keep out of reach of children under the age of 3. Store in a cool, dry place. The best before end date applies to the product in its intact container when stored as directed. This product is tested free from nandrolone and testosterone, with their precursors, free from amphetamines and ephedrine.

NUTRITIONAL INFORMATION COCOA		
	Per 100 g	Per dose (30 g)
ENERGY		
kJ	1777	536
kcal	421	127
TYPICAL VALUES		
Fat	7.8 g	2.37 g
of which saturates	4.48 g	1.34 g
Carbohydrate	8.4 g	2.5 g
of which sugars	7.5 g	2.2 g
Fiber	3 g	0.94 g
Protein	76 g	22.8 g
Salt (Nax2.5)	0.74 g	0.22 g
Vitamin B6	1.4 mg (100% NRV)	0.42 mg (30 %NRV)
Anabolic Mix [™]	480 mg	144 mg
of which leucine	400 mg	120 mg
of which HICA	40 mg	12 mg
of which CaHMB	40 mg	12 mg
Mixture of enzymes ZyMate [®]		
of which amylase	24 SKB	7 SKB
of which protease	6 HUT	2 HUT
of which lactase	4 ALU	1.2 ALU
of which lipase	1 FIP	0.3 FIP
of which cellulase	0.2 CU	0.1 CU

NUTRITIONAL INFORMATION VANILLA		
	Per 100 g	Per dose (30 g)
ENERGY		
kJ	1835	550
kcal	435	130
TYPICAL VALUES		
Fat	7.1 g	2.14 g
of which saturates	4.0 g	1.2 g
Carbohydrate	8 g	2.5 g
of which sugars	8 g	2.5 g
Fiber	6 g	1.8 g
Protein	80 g	24 g
Salt (Nax2.5)	0.44 g	0.13 g
Vitamin B6	1.4 mg (100% NRV)	0.42 mg (30 %NRV)
Anabolic Mix [™]	480 mg	144 mg
of which leucine	400 mg	120 mg
of which HICA	40 mg	12 mg
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AMINO ACID CONTENT IN G PER 100 G POWDER (XTR VANILLA)	
Alanine	3.20
Arginine	1.60
Aspartic acid	7.21
Cysteine	1.41
Glutamic acid	12.56
Glycine	1.22
Histidine	1.73
Isoleucine	3.81
Leucine	6.84
Lysine	5.87
Methionine	1.40
Phenylalanine	2.09
Proline	3.79
Serine	3.35
Threonine	4.49
Tryptophan	1.07
Tyrosine	1.49
Valine	3.40

PROTEIN FRACTION	% PROTEIN
Beta-lattoglobuline	50-60
Alfa-lattoglobuline	15-20
Glicomacropptide	15-20
Siero albumina	1.0-2.0
Immunoglobuline	1.0-2.0
Immunoglobuline	0.1-1.0
Lattoferrina	0.1-0.5