

MALTOSHOT® ENDURANCE PLUS

ENERGY FOOD SUPPLEMENT

CONSTANT ENERGY – PROLONGED PERFORMANCE



IMPROVE PERFORMANCE AND MUSCLE RESPONSIVENESS



- 5 SEQUENTIAL CARBOHYDRATES
- GLU:FRU = 1:0.8
- WITH SUSCARB AND -ALANINE
- WITH SODIUM AND MAGNESIUM
- CAFFEINE FREE

MAXIMUM FLUIDITY,
OPTIMAL DIGESTIBILITY
FOR INTENSE EFFORTS

FORMAT: 50 ML SINGLE-DOSE (DISPLAY OF 15 UNITS)
AVAILABLE FLAVOURS: MOJITO-MINT, ORANGE-LEMON

FEATURES

MaltoShot® Endurance PLUS is an advanced energy gel designed to provide prolonged energy even under the most intense performance conditions. It delivers 35 g of carbohydrates per serving in a 1:0.8 (glucose:fructose) ratio, sourced from five carbohydrates with varying glycaemic indexes, including SusCarb® – a high-molecular-weight branched cyclodextrin. With sodium (155 mg) and beta-alanine (305 mg), the formula supports high-demand situations. The consistency is fluid, highly digestible, and pleasantly refreshing in taste. A new-generation formula, well tolerated even under extreme conditions. Caffeine-free.

IN SUMMARY

- 35 g of carbohydrates with sequential release for prolonged effort
- With magnesium: helps reduce tiredness and fatigue
- 155 mg sodium to support electrolyte balance during exercise
- 305 mg beta-alanine – for high-intensity, long-duration sports
- Steady energy without spikes or drops
- Glu:Fru = 1:0.8 – advanced energy formulation

INDICATIONS

Energy supplement formulated for individuals practicing sports, especially endurance. Delivers fractionated, long-lasting energy.

HOW TO USE AND RECOMMENDED DAILY DOSE

Take during physical activity, including prolonged exertion. 1 pack every 50–70 minutes with a sip of water. Maximum 4 packs/day.

INGREDIENTS

Water, maltodextrin DE19, fructose, dextrose, maltodextrin DE6, SusCarb® (branched cyclodextrin), magnesium chloride, magnesium citrate, sodium chloride, beta-alanine, acidifier: citric acid, flavor, preservative: potassium sorbate.

SUGGESTION

Test the product during training to identify the best timing and intake level for your metabolism. For efforts over 90 minutes, alternate with solid or electrolyte sources (e.g. Super Dextrin Bar or SuperHydro).

RECOMMENDED FOR

- Endurance athletes seeking well-tolerated, long-lasting energy
- Those facing prolonged and high-intensity efforts (cycling, triathlon, trail, running...)
- Those looking for a caffeine-free, fluid gel suitable even during exertion
- Those following advanced carbohydrate supplementation strategies (glucose:fructose ratio 1:0.8)

WHEN TO USE MALTOSHOT ENDURANCE PLUS



MAIN FUNCTIONS

Advanced formula

- 5 differentiated-release carbohydrates including SusCarb® (branched cyclodextrin)
- Glucose:fructose ratio = 1:0.8 for optimal absorption
- With sodium, magnesium, and beta-alanine
- Fluid, well-tolerated gel, easy to consume

Key benefits

- Fractionated, prolonged energy
- Excellent digestibility even under exertion
- Support for intense, long-lasting activities
- Caffeine-free, suitable for all athletes

Composition and dosage

- 35 g carbohydrates – 143 kcal per pack (50 ml)
- Sodium: 155 mg | Magnesium: 105 mg | Beta-alanine: 305 mg
- 1 pack every 50–70 min during activity

Quality and safety

- Doping Free Tested*
- Gluten Free
- Vegan
- Single-serve packaging

INFORMAZIONI NUTRIZIONALI NUTRITIONAL INFORMATION	Per/for 100 ml	per 1 pack sachet 50ml
Energia/Energy	1212kJ / 286 kcal	606kJ / 143 kcal
Grassi/Fat	0.1g	0g
Di cui saturi/ Of which saturates/	0g	0g
Carboidrati/ Carbohydrate	70g	35g
Di cui zuccheri/ Of which sugars	36g	18g
Proteine/ Protein	0.9g	0.5g
Sale/ Salt	0.78g	0.39 g
Magnesio/ Magnesium	210mg (56% NRV*)	105mg (28% NRV*)
Sodio/Sodium	310mg	155mg
Beta-Alanina/ Beta-Alanine	610mg	305mg

Warnings: Food supplements are not a substitute for a varied and balanced diet and a healthy lifestyle. Do not exceed the maximum recommended daily dose (4 packs/day). Keep out of reach of children under 3 years. Expiry date refers to intact product. *Product tested free from anabolic steroids, stimulants, SARMS. Note: SusCarb® is a registered trademark not belonging to ES Italia S.r.l.