NEXT-GENERATION PRE-WORKOUT

STARTER 1000™ NEW GENERATION PRE-WORKOUT

FOOD SUPPLEMENT WITH CITRULLINE, ARGININE, BETA-ALANINE, AND TAURINE, ENRICHED WITH BCAAS, CREATINE, AND MICRO-ENCAPSULATED CAFFEINE.

HOW IT WORKS

- NITRIC OXIDE FLOW
- ENDURANCE
- STRENGTH
- ENERGY

POWERED WITH

Cluster Dextrin® — New Energy Source for Athletes

SupraCREA® — ULTRA PURE | ADVANCED PERFORMANCE

NEWCAFF™ microcapsules

palatinose™ isomaltulose

PACKAGING: 400 GR JAR (20 DOSIS)
FLAVOUR: RED ORANGE

RECOMMENDED FOR

- For those who want to optimize energy in the Pre-Workout phase
- For those who practice endurance or strength sports
- For those who want to maximize concentration, energy, and endurance

WHEN TO USE STARTER 1000™

MADE WITH NEXT-GENERATION CARBOHYDRATES

FEATURES

STARTER 1000™ is a specific supplement for the **pre-race or pre-workout** phase, formulated with **key amino acids** (citrulline, arginine, beta-alanine, taurine, BCAAs), **creatine**, **red beet, and ATP** to support sports performance.
It contains caffeine **(70 mg/serving)**, which helps increase alertness and concentration[1]; **the micro-encapsulated NewCaff®** fraction ensures a gradual and controlled release.

B-group vitamins, vitamin C, zinc, and magnesium support energy metabolism[2], protein synthesis, reduction of fatigue[3], and normal function of the nervous system.
The presence of **new-generation carbohydrates** (Isomaltulose and Cluster Dextrin®) ensures a gradual and steady carbohydrate supply.
Gluten-free formula, suitable also for specific dietary regimens.

HOW TO USE AND RECOMMENDED DAILY DOSE

Dissolve 1 serving (3 scoops = 20 g) in 200–250 ml of water.
Take STARTER 1000™ about 15–20 minutes before exercise. It is designed for those who want to face intense training sessions, both short and long duration, with maximum energy.

INDICATIONS

STARTER 1000™ is recommended before training sessions and competitions, when it is necessary to:

- **Activate energy and focus[1]** quickly and in a controlled way.
- **Support performance** during strength and high-intensity activities.
- **Sustain endurance** in endurance sports, thanks to gradual-release carbohydrates and key amino acids.
- **Reduce fatigue[3]** and optimize energy metabolism during prolonged effort.

MAIN FUNCTIONS

Advanced Formulation

- Next-generation pre-workout with **citrulline, arginine, beta-alanine, taurine, BCAAs, creatine, and ATP**
- **New-generation carbohydrates** for gradual and sustained energy release
- **Modulated caffeine**: with micro-encapsulated fraction for prolonged release

Main Benefits

- **Immediate activation and mental focus[1]** (thanks to caffeine)
- **Performance support** (with SupraCREA®)
- **Fatigue reduction[3] and energy support[2]** with vitamins B1, B6, B12, C, and zinc

Composition and Dosage

- With **amino acids and plant extracts** to prepare muscles for effort (Citrulline, BCAAs, Beetroot)
- **Serving** = 20 g in 200–250 ml of water, about 15–20 minutes before activity

Quality and Safety

- Aspartame-free, vegan-friendly, gluten-free
- Tamper-evident seal, with dedicated jar and cap
- High purity standards
- Doping Free Tested*

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NEXT-GENERATION PRE-WORKOUT

INGREDIENTS

Carbohydrate blend (Maltodextrins DE19, Isomaltulose** (Palatinose™), Aminoblast® BCAA (L-leucine, L-isoleucine, L-valine), Highly branched cyclic dextrin (Cluster Dextrin®)), Beta-Alanine, Citrulline Malate, Creatine blend (Creatine Citrate, Creatine Monohydrate SupraCREA®), Arginine Alpha-Ketoglutarate, Taurine, Red Beet (Beta vulgaris L.) powder, Trimagnesium Citrate, Emulsifier: Sucrose esters of fatty acids; Flavours, Anti-caking agent: Silicon dioxide; Acidifier: Malic acid; L-Ascorbic Acid, Disodium salt of Adenosine 5'-Triphosphate (ATP), Zinc Gluconate, Microencapsulated Caffeine NewCaff® (Caffeine, Candelilla wax, Mono- and Diglycerides of fatty acids), Sweetener: Sucralose; Anhydrous Caffeine, Vitamin B6 (Pyridoxine Hydrochloride), Vitamin B1 (Thiamine Hydrochloride), Vitamin B12 (Methylcobalamin). ***Isomaltulose is a source of glucose and fructose.*

WARNINGS: Do not exceed the recommended daily dose. Food supplements should not be used as a substitute for a varied and balanced diet and a healthy lifestyle. Keep out of reach of children under 3 years of age. Contains caffeine (70 mg/serving). It is recommended not to exceed a total daily intake of 400 mg of caffeine from all sources. The product is intended for adults engaged in intense physical activity. Due to the presence of creatine, the product is intended for adults only. Do not use in children, during pregnancy or breastfeeding, or for prolonged periods without consulting a doctor. Store in a cool, dry place, away from direct sunlight and sources of heat. The minimum shelf life refers to the product properly stored in its unopened package. Do not dispose of the container in the environment after use. Produced in a facility that also processes ingredients derived from milk (including lactose), soy, peanuts, other nuts, sesame seeds, eggs, crustaceans, and fish.
*The product is tested free from anabolic steroids, stimulants, and SARMs.

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NUTRITIONAL INFORMATION	Per 100 g	Per dose (= 20 g)
Energy Value:		
kJ	1610	403
kcal	384	77
Average values		
Fat of which saturated fatty acids	0 g 0 g	0 g 0 g
Carbohydrates of which sugars	40 g 2,5 g	8 g 0,5 g
Fiber	0 g	0 g
Proteins	54 g	11 g
Salt	0,16 g	0,03g g
BCAA Aminoblast® Mix of which L-Leucine of which L-Valine of which L-Isoleucine	12,5 g 6,25 g 3,125 g 3,125 g	2,5 g 1,5 g 625 mg 625mg
Citrulline DL Malate	10 g	2 g
Beta-Alanine	10 g	2 g
Creatine Mix of which Creatine Citrate of which Creatine AKG	7,5 g 6,25 g 1,25 g	1,5 g 1,25 g 250 mg
Arginine AKG	5 g	1 g
Taurine	5 g	1 g
Beetroot Powder	5 g	1 g
Malic Acid	1 g	200 mg
Sodium Bisodium Adenosine 5'-Triphosphate (ATP)	500 mg	100 mg
Magnesium	600 mg (160% NRV)	120 mg (32% NRV)
Caffeine NewCaff ®	200 mg	40 mg
Anhydrous Caffeine	150 mg	30 mg
Zinc	25 mg (250%NRV)	5 mg (50% NRV)
Vitamin C (Ascorbic Acid)	500 mg (625%NRV)	100 mg (125% NRV)
Vitamin B1 (Thiamine)	5,5 mg (500% NRV)	1,1 mg (100%NRV)
Vitamin B6 (Pyridoxine)	7 mg (500% NRV)	1,4 mg (100% NRV)
Vitamin B12	12,5 mcg (500% NRV)	2,5 mcg (100% NRV)

NRV: Nutrient Reference Values (adults) according to Reg. (EU) No 1169/2011